



Central Schools Honor 2020 Students of the Year
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Hydroxychloroquine Long Used to Treat Malaria

Old Drug Offers New Hope

Plant World Helps Bring Normalcy to Area Families

CENTRAL — Declared an “essential business” because of its product line, Plant World at 10131 Greenwell Springs Rd., is doing a land office business.

Founded more than 52 years ago by Gary and Mary Chapman, Plant Road is open from 9 a.m. to 5 p.m. seven days a week through May.

During the flood of 2016, Plant World received three feet of water, which destroyed almost all its inventory.

Plant World has the most complete hardware selection in the area with 12 fully-stocked departments. This includes lumber, plumbing, electrical, tools, paint, ready mix concrete, dry wall supplies, cleaning supplies, the most complete garden chemicals in the area, and rodent control supplies.

Baby chicks, ducks, and rabbits are on hand for Easter, along with supplies for feed and in-

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Photo by Woody Jenkins

PLANT WORLD — Plant World, located at 10131 Greenwell Springs Road, is loaded with everything needed for spring gardening and home repairs. For anyone “sheltered at home,” Plant World has what you need to make these days productive. Sunshine and outdoor activity have many health benefits.

Make the Best of Homeschooling

Gail Lloyd
 23 Years as Homeschool Mom

CENTRAL — If the headline caught your eye, it’s likely you or someone you know has been plunged into homeschooling because their normal school situation abruptly came to a screeching halt. What a stressful and bizarre time we are living in!

Each one of us is faced with things we never could have imagined or anticipated. I suppose we are just going to have to make the best of it — lemonade out of lemons, so-to-speak. Well, that’s not



Gail Lloyd

as easy as it sounds, and you know it! Besides being anxious about possibly losing income and the fear of catching the Covid-19 virus, now you have the responsibility of teaching your children, keeping them fed and entertained, and let’s face it, trying to keep some semblance of peace.

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When Combined With Antibiotic, Treatment Had 100% Cure Rate In French Study

CENTRAL — On Sunday, the Food & Drug Administration authorized the emergency use of two anti-malaria drugs for experimental treatment of the coronavirus. The two drugs, chloroquine and hydroxychloroquine, were praised last week by President Trump as cures for the virus.

Hans Andersag discovered chloroquine in 1934. It has been effective for treating malaria in many cases. A recent study in France showed the two drugs to be 100 percent effective in curing the coronavirus in the small group tested.

Unfortunately, there are side effects to the drugs, and they should not be taken without a prescription.

Meanwhile, Dr. Jacob Glanville announced yesterday that his group has discovered a different potential cure for coronavirus. He took five antibodies used to fight SARs in 2002 and used them on the coronavirus with good success in a small study in China. However, the treatment only works for eight to 10 weeks.

Central Businesses Innovate to Stay Alive

With Coronavirus Shutdown, Local Businesses Seek New Ways to Serve Customers

CENTRAL — Most businesses in Central are under an emergency order from the Governor to close their doors. Other types of businesses were deemed by the Governor to be “essential” and can remain open.

Both whether they are deemed essential or not, many businesses in Central are finding unusual ways to continue to serve their customers. Dr. Tony LoBue at



CURB SERVICE AT THE VET — Dr. Tony LoBue is offering curbside service to minimize contact.

Crossroads Animal Hospital, 13933 Greenwell Springs Road, and his clients are concerned with social distancing. So he decided to innovate!

The result is curbside service! Instead of bringing your dog inside the veterinary clinic, you call for an appointment. When you pull up in front of the clinic, you call again, and Dr. Tony LoBue or one of the staff will come out to greet you. He will attach his leash and bring your pet into the clinic to perform whatever care or treatment may be needed. In half an hour or so, he will come back out

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Plant World on Greenwell Springs Road



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structions for proper care. Gary Chapman says, "We have your favorite scrubs, trees, and ground covers, all specially priced for your selection."

One of the most popular items is knock out roses. They come in red, pink, and yellow at \$21.97 each or five for \$99.97.

Citrus trees are also popular at

this time of the year. Plant World offers 2 year stock, regularly priced at \$49.97, on sale for \$39.97. Trees include three kinds of satsumas, navel oranges, Louisiana sweet,

blood oranges, pink lemon, key lime, kieffer lime, sundance tangerine, and sweet Southern cherry.

A truckload of bedding and vegetable plants has just arrived.

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Jeanne and Darryl Hickman

"We've been clients 10 years. Ian is one of the best things that ever happened to us. He's literally changed our lives. We highly recommend Ian James." Watch interview below:

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Has Everything Needed to Launch Spring



PLANT WORLD is owned by Gary and Mary Chapman. They are on hand everyday, as they have been for 52 years. At right is Gary's parrot CiCi who does tricks.

There are 43 kinds of tomatoes, 20 kinds of pepper, four kinds of squash, okra, cantelopes, cucumber, watermelon, corn, eggplant, brocolli, and collard greens. Flats of 36 plants \$19.97.

Four pots of herbs are \$3.97. The selection includes basil, chives, cilantro, spearment, peppermint, Oregon, sages, and many others. 4 inch plants \$3.97

They just received a truck load

of flower bedding plants. They have petunias, impatiens, marri-golds, zimma, and others. A flat of 36 for \$19.97. A \$36 value.

Plant World has made a special purchase of 10-1/2 bouganvilla

baskets. They bloom to the floor. This is two-year stock in full regalia. \$29.97. Compare at \$39.97.

Gary and Mary Chapman are on hand everyday to serve your needs. Please sure to visit their baby, CiCi.

CENTRAL PHARMACY

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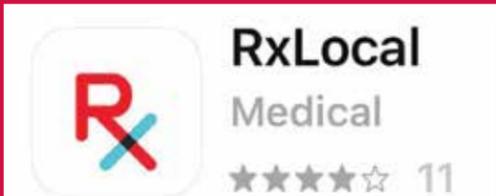
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Both 'Essential' and 'Non-Essential' Businesses Are Finding New Ways to Service Their Clients

Continued from Page 1

with your pet and take your credit card to be run. Then they will be out again with a receipt.

Dr. LoBue's Crossroads Animal Hospital recently opened its new Luxury Boarding and Day Care Facility. It provides overnight and day care services for clients' dogs. A state of the art facility, its suites are, well, something to behold! Its luxurious beds are gigantic and so soft! The widescreen TV offers inspiring videos of birds and squirrels. The door to outside is open part of the day, so your baby can go outside and "do his business" and play. Even more remarkable is the device in the suite that allows you to call in and have a one-way conversation with your dog. Then, if he's been a good boy, you can push a button on your phone and the device will send a treat flying toward your pet.

Since most people are stuck at home, the boarding and day care facility still has space available. However, it is ready when you need to go out of town and take a break from pet care during the week.

Jack Hood Jewelers

Jack Hood Jewelers has been in business more than 40 years, but it only recently moved to Central from its former location on Florida Boulevard. Unfortunately, just after it opened, the coronavirus arrived and with it Gov. John Bel



Jack Hood: From autocad to 3D printer



From 3D printer to creation of the setting



Trying on the ring



The finished work of art



"I love it!"



The gift of a lifetime!

Edwards' emergency order. That order deemed jewelers as being "non-essential." Jack Hood Jewelers was forced to close, even though big box stores with jewelry departments get to stay open.

Nevertheless, Jack Hood's daughter Kelli Hood wasn't about to allow their family business to go out of business.

Over the years, Kelli has studied under her father, Jack Hood, and like her father become an outstanding jewelry designer. In fact, most of their business is from one-of-a-kind jewelry that they design and manufacture in-house.

The shutdown has forced Kelli to focus on the design side of the business, where she can work from

home and design unique pieces of jewelry for clients anywhere in the country.

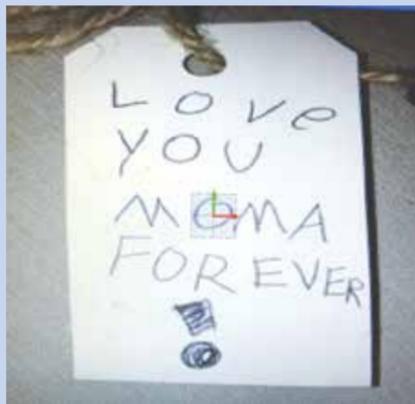
The design idea often begins with a customer who has something special in mind. They produce photos of things they like or even drawing they've made.

Then Kelli brings that idea to re-

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Jack Hood Jewelers • Jewelry Manufacturing

While Our Shop Is Temporarily Closed, Kelli Hood Can Still Design a Wonderful Heirloom for You



HERE'S HOW IT WORKS — in this case, the creation of a beautiful necklace. Your daughter wrote you a sweet note, which you love. You email it to Kelli Hood who uses it to create a design. The team prints it on the 3D printer for your approval. Then they make the gold necklace and send it back to you! A treasure of a lifetime! Jack Hood Jewelers is also great at helping you design your engagement ring or any kind of jewelry.



TOUR: Click on QR Code at right for a tour of Jack Hood Jewelers by designer Kelli Hood.



Jack Hood Jewelers
14395 Greenwell Springs Rd Suite D
Central, LA 70739 • 225-928-2529
jackhoodjewelers.com

**We Will Get Through This Together
God Bless and Keep Safe!**

**Kelli is working at home
Email her at kelli@jackhoodjewelers.com**

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SCREENING — Congregation being screened at Life Tabernacle last Sunday.

The Jackboot of Oppression Rears Its Head

Freedoms of Religion, Assembly Suspended For 1st Time in History Of the United States

Woody Jenkins
Editor

CENTRAL — On Tuesday, March 31, 2020, when Central Police Chief Roger Corcoran walked into the sanctuary of Life Tabernacle Church on Hooper Road in the City of Central, he walked into the history books.

Since the Pilgrims arrived in 1620, 400 years ago, Christians have been able to freely assemble in the sanctuaries of their churches to hold church services. That right to worship freely and assemble in their holy places was formally recognized in the Constitution of the United States with the adoption of the Bill of Rights.

Never before in our history has a government official tried to prohibit a church from holding worship services.

The Founding Fathers believed the rights to Freedom of Religion, Freedom of Speech, Freedom of the Press, the Right to Assemble peaceably, and the Right to Petition the government, were the most important of all rights and placed them in the First Amendment.

Of these rights, they believed Freedom of Religion was the most important and listed it first.

The Founding Fathers refused to ratify the new Constitution until it was amended to add a Bill of Rights. Some argued against the need for a Bill of Rights, because it was said everyone understood what man's fundamental rights were. However, the majority of the Founders believed a formal listing of rights must be adopted, lest the people forget those rights or they be violated by men of little understanding.

At no time in the past more than 230 years since the adoption of the Constitution has any President, Governor, or other public official purported to suspend the rights enumerated in the Bill of Rights and certainly not Freedom of Religion or Freedom of Assembly.

Until now. In March 2020, the Governor of Louisiana issued a series of decrees or emergency orders. Some of those orders purported to prohibit gatherings of more than 10 people. He stated explicitly that this ban on gathering applied to churches.

Ironically, he designated churches as "essential" and purported to give

United States Constitution Bill of Rights 1st Amendment

Congress shall make no law respecting an establishment of religion, or **prohibiting the free exercise thereof**; or abridging the freedom of speech, or of the press; or **the right of the people peaceably to assemble**, and to petition the Government for a redress of grievances.

Louisiana Constitution Declaration of Rights • Article I

§1. Origin and Purpose of Government
Section 1. ... The rights enumerated in this Article are inalienable by the state and **shall be preserved inviolate by the state.**

§2. Due Process of Law
Section 2. **No person shall be deprived of life, liberty, or property, except by due process of law.**

§3. Right to Individual Dignity
Section 3. No person shall be denied the **equal protection of the laws**. No law shall discriminate against a person because of race or **religious ideas, beliefs, or affiliations...**

§8. Freedom of Religion
Section 8. **No law shall be enacted respecting an establishment of religion or prohibiting the free exercise thereof.**

§9. Right of Assembly and Petition
Section 9. **No law shall impair the right of any person to assemble peaceably** or to petition government for a redress of grievances.

Louisiana Law Louisiana Revised Statutes RS 29:721-736

Chapter 6. The Louisiana Homeland Security and Emergency Assistance and Disaster Act

Note: This act gives the Governor of Louisiana far-reaching power to declare an emergency. However, it is tempered by the final paragraph, which insures that he can do nothing to diminish our Constitutional liberties.

29:736 (D)

D. Nothing in this Chapter shall be interpreted to diminish the rights guaranteed to all persons under the Declaration of Rights of the Louisiana Constitution or the Bill of Rights of the United States Constitution.

citizens the right to go to and from their churches, but not to worship there if more than 10 were present.

All this was done in the name of protecting the public health.

Yet, at the same time, the Governor allowed the public the right to freely go to large box stores, where hundreds of customers often gathered with little or no safeguards.

That was done of necessity, he said, because people have to eat.

However, some people need to come together to worship — to assemble as the Constitution guarantees — in their place of worship. Others may not think it is a necessity, but they do.

Somehow, going to a house of worship is inherently more dangerous than going to a big box store.

Across the nation, other governors released similar declarations closing churches to worship services, although the Governor of Texas has just reversed himself and allowed worship services to resume in Texas at least to some degree.

Here in Louisiana, almost all churches decided to quietly comply with the Governor's decree. Many began online services, where the pastor would speak or preach, but of course there could be no formal gathering of the congregation at the church for these services.

Here in Central, Milldale Baptist Church continued to hold services for awhile. However, one church, Life Tabernacle Church on Hooper Road has continued to have its regular church services. The pastor, Rev. Tony Spell, and before him his grandfather, Rev. Berwick Spell have held services for 62 straight years, more than 3,000 consecutive Sundays plus services during the week, never missing a service during wars, economic problems, hurricanes, floods, or epidemics.

Rev. Tony Spell was warned to stop his services. However, he insisted that his Pentecostal congregation needed to worship together. The nature of the Pentecostal service is interactive with movement around the sanctuary by the congregation, the speaking in tongues, praying together, and responding to the pastor. Those who accept Jesus are baptised during the service — in person. He said no online experience could provide what can only be done in person.

Life Tabernacle has continued its services with more than 1,100 attending Sunday morning services. There are about 500 in the sanctuary and the others, mostly young people, are spread around the 30-acre campus and its many buildings.

The services are lively and have been broadcast live across the na-

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A Christian Physician Looks at Coronavirus,

Dr. Rhett Bergeron, M.D.

Practicing Physician

Guarding Health

Guarding health is pro-life and falls under the 6th commandment of God's 10 commandments. Historically, each of the 10 commandments has been correctly viewed as having both a positive and negative directive. As the 6th commandment forbids murder, it also commands the protection of life, which includes health.

The rule of "first do no harm" not only applies to physicians, but applies to all of us, but the definition of do no harm is not always clear or agreed upon.

Each of us has a responsibility to care for our health and on some level to care for our brother and neighbor, as illustrated when God spoke to Cain, and as Jesus taught in the parable of the Good Samaritan.

Taking care of health depends on an understanding of how our bodies work — knowledge based in experience and science, and in discernment as situations arise in our lives.

God gave us principles of health in His Word, and part of this does include the principle of isolation (quarantine). That directive is clearly to the person who is ill, and at times it involved caution on the part of others who were not ill — to take reasonable precautions against exposure for their own health. Avoiding danger of any kind is an obvious responsibility that we have before God. God gives us this principle through Solomon in Proverbs 22.3 - "The prudent sees the evil and hides himself, But the naive go on, and are punished for it."

From our study of health and disease, we formulate more principles of health.

Coronavirus

While the virus can affect vast numbers of people, it is certain that 80 percent of those infected will have mild symptoms and recover by the natural ability of their body and immune system. The issue of concern is the minority of people who will have serious illness and even succumb to death.

This virus seriously effects those who are susceptible or at risk, and this risk ALWAYS has underlying factors.

Serious risk and death is NEVER random or without cause !!

Nothing happens without a cause.

Every symptom and disease has a cause, and the severity of disease ALWAYS has underlying or predisposing factors.

With the virus essentially being only one strain, the difference in severity of disease is that EVERY person severely effected had underlying factors that weakened their metabolism and immune defense system. However, this FACT will not be brought to light by the media, government, or conventional medical profession.

Unfortunately, this weakness in the immune system is often not apparent, has not been measured, or has not been diagnosed.

It also somewhat difficult to diagnose based on the mainstream paradigm of medicine and health care.

Many people do not have optimal health and are NOT aware of this. They only sense that they do not have obvious symptoms.

The conventional medical system is not interested in or has neglected this aspect of susceptibility to a serious virus due to lowered immune function for a variety of



Dr. Rhett Bergeron, M.D. of Zachary

reasons including politics, economics, a drug-based medical system, and the tradition of how medicine has been practiced in the last 75 years.

Again, the virus KILLS the susceptible, and every person who dies from the virus had particular underlying factors that made them susceptible.

Every person is responsible on some level to guard their life and improve their health, and every person can take a variety of actions to improve their metabolism and immune function.

Basic considerations for health in this time are the following:

First, nutrient levels are not optimal for the highest function of our body and immune systems. It is impossible based on the decreased nutrient levels of the agricultural soil. Additionally, the exposure to chemicals in food, and chemicals and other environmental toxins challenge or effect the systems of the body in such a way that the body needs even higher levels of nutrients to counter this exposure or demand on the body.

Second, people generally do not have any knowledge of or practice of detoxification to periodically eliminate the build up of toxins. Over time, this accumulation of toxins will effect our health in such a way as to disrupt metabolism and weaken our immune function with the eventual and inevitable result of degenerative disease, auto-immune conditions, accelerated aging, and cancer.

What to Do to Protect Yourself

In this immediate scenario of a contagious viral illness, my experience and the general consensus of functional medicine physicians is the following:

1. Protect your health by supporting your immune system with the four basic and most important nutrients for the immune system:

Vitamin C
Vitamin A
Vitamin D
Zinc

I assume that NONE of my patients have optimal nutrient levels or immune function. This is partly based on specific testing that is available and my experience. This is also the safest assumption based on the potential seriousness of this virus in certain people who are at greater risk. I recommend these nutrients for EVERY person under my care and ANY person that asks for my professional advice.

In modern medicine and health care, we have as much as fifty years

of nutrition related experience and research that prove the value of these nutrients.

2. Guard your life by isolation if you are at risk - if you are elderly and / or have medical conditions that would weaken your metabolism and immune function - either related to chronic disease or to the treatment of your condition.

Any person with respiratory or viral symptoms is contagious and should avoid exposure with those at risk for one week after the resolution of their symptoms.

We generally do this with the flu, and in other situations such as as pregnancy with other viruses.

I do think that when a family has a member(s) that is at risk, then the rest of the family should take reasonable precautions to not expose this person. This would be fulfilling the principle of do no harm, as well as God's summary of all of His commandments of loving your neighbor as yourself.

Remember 80 percent of people are NOT at significant risk in the light of the observed outcomes, but it is vital that 100% of people support their immune defense system.

3. Practice health in the sense of hygiene. Certainly, the most fundamental and important hygiene practice is frequent hand washing based on the amount of interaction with the public and potential exposure.

Correlating with this might even be disinfecting clothes after public exposure in higher risk scenarios - which would be obvious for health care workers in certain higher risk environments. Health care workers are doing this as they return home from hospitals and high risk medical facilities.

4. In regard to managing the stress, alarm, and hysteria of this current viral situation, it is obvious that any news from the media has the potential to fuel the situation. I personally think that Americans should severely limit their exposure to news media and focus on the press conferences of the President and his health care team.

5. In regard to public health measures, the scientific and medical communities have never advocated these forced measures of public isolation in the history of this country. There is NO precedent.

The proposed benefits are partly based on mathematical models of contact. The proposed or hoped for benefits are theoretical. Forbidding the usual activities of life (business, church meetings, sports) is nonsense in the context of so many Americans going to obtain necessary food supplies in grocery stores. Ultimately, this basic and necessary activity spreads the virus on a daily basis. **Notice - there is no acknowledgement of this fact.**

The alarm of the public and fear of death have driven people to hope that the actions of government will be effective.

Guarding Liberty

We have the unprecedented actions of various levels of government that have never taken place in our country.

These actions essentially amount to martial law, assumption of illegitimate power, and violation of Constitutionally enumerated and protected rights of citizens. This is one of the most dangerous positions that American citizens and churches have ever been in. The potential consequences and precedents are nearly too vast to even calculate.

We must bring the issues of constitutional liberties of citizens and the government's appropriate con-

stitutional duties and powers to the attention of the public.

It is impossible that the actual severity of the virus or the value of the mandatory isolation directives could have been accurately known as the U.S government started their directives. These two factors alone give no justification for the actions of the government.

There was no basis in science or medicine; there was no basis in the history of America, and there is no basis in our Constitution.

In addition to these constitutional and historical matters, there is the morality of these actions and the consequences. As the actions of individuals are moral, so the actions of governments are moral. As Christians, we must know that every action must fall under God's moral principles and God's justice, and it is our duty to carefully apply God's moral principles to all of life and in every sphere of life and government - personal, family, society, church, state.

Because of the widespread alarm and fear (and because of other unstated reasons), Christians are not thinking and discerning in all of these matters - people are not evaluating the government's actions in terms of the limited powers of the constitutions, nor in terms of God's Word for life.

One nation under God is the summary principle that people and their civil magistrates are both under God - God requires obedience of individuals, and God requires obedience of governments. One nation under God also summarizes our dedication to living for God.

It would appear that government's high (moral) principle is the saving of lives from the virus, but this is at the cost of many other principles and aspects of life, and with the vast potential consequences on individuals, families, businesses, the diminishing or loss of basic rights and liberties of Americans, and the reality of government that takes power that will be eventually exercised and almost never relinquished.

The hypocrisy of government and people is that more lives will be lost in the murderous procedure of abortion than to the virus during this epidemic.

Though life is vitally important, it is NOT at the neglect of the other vital, moral, and God given principles of life.

How should we then live - in response ?

How should we think about these matters ?

What questions should every citizen, Christian, and church be asking ?

How has God directed us in His Word on all of these matters ?

If God's Word was foundational to the founding of America and our Constitutional Republic, why is it not vital for this crisis and going forward ?

What is the standard of moral action of individuals and of governments ?

How should all of this and the action of government be judged ?

What are the consequences, including moral and financial, on individuals, families, businesses, and culture ?

Is there a Christian and Biblical basis for saving lives at the cost of financial hardship or ruin for families and the nation ?

Why is there not concern of citizens and churches in all these matters ?

Why is there not discernment and response of citizens and churches ?

How to Protect Yourself, and the Constitution

As never before, Americans are looking (and seemingly being trained) to government for their safety and happiness in the fundamental areas of life - the American federal and state governments were never intended to function in this way.

Certain and many issues of life can never be solved by civil government, and the people who look to civil government to solve the issues will always be disappointed, as well as be harmed in their loss of liberty, potential happiness (spiritual, physical, financial), and unfortunately in some cases the loss of life.

If these current actions and directives of governments (federal, state, local) are morally proper, then these actions will be necessary for every similar viral epidemic in the future. The destructive consequences and precedents are nearly unimaginable.

Increased Power and Coercion

In the pretense of national interests (health, financial) - will government exercise power to MANDATE vaccines for all citizens?

Will government take the unprecedented action to force Americans to undergo this medical therapy and the potential side effects of vaccines against their consent and faith?

It is important to note that the COVID-10 vaccine will not have been adequately tested, and it will have been fast tracked to approval.

Vaccines which will bring the pharmaceutical manufactures billions of dollars, but pharmaceutical manufactures will have no liability - as they have been granted immunity for decades by the federal government.

When certain numbers of people are injured by vaccines, families will be left to carry the lifetime burden of on-going care and financial costs - as the court and medical system prevent the recognition of most vaccine injuries, and the vaccine injury compensation fund rarely ever compensates the injured.

Fear of the Mortality Rate

The most alarming number to people is clearly the potential mortality rate - this seems to be used by media and government for many reasons and to accomplish objectives that threaten the liberties and well-being of each citizen, family, church, business, and institution.

A truly accurate mortality rate will NEVER be known as hun-

Corona Virus - Prevention and Treatment
Updated 3/13/2020

Basic / Essential Protocol for Prevention
Vitamin C 5000 mg 1x daily
Zinc 50 mg 1x daily
Vitamin A 20,000 units 1x daily
For increasing risk of exposure or epidemic increase to 2x daily

Additional Considerations - one of the following:
Echinacea 1-2x daily
1,3 BetaGlucan • 1-2x daily
Mushroom Immune support (ganoderma, shiitake) 1-2x daily
For increasing risk of exposure or epidemic increase to 2x daily

Personal Hygiene - Basics
Wash hands frequently - soap and water.
Carry Hand sanitizer - USE often.

Corona Virus Protocol for Treatment
Vitamin C 2500 mg 6x daily • 1-2 weeks, then 2x daily
Zinc 25-50 mg
2x daily • 1 week, then 1x daily
Vitamin A 20,000 units
3x daily • 1 week, then 1x daily • 1 week

Monolauren tablets
3 tablets 4x daily • 1-2 weeks, then reduce gradually

Colloidal / Hydrosol Silver • Day 1-1 1tbsp hourly
hold in mouth • 2 minutes, swallow
Day 2-5 - every 3 hours
Day 6-10 - every 8 hours

Nebulized Silver • every 1 to 4 hours
as needed or directed

dreds of thousands and millions of Americans will have had an unrecognized or undiagnosed Covid-19 illness - none of these cases will be included in the statistics. The inaccurate and inflated statistics will be used as a so-called legitimate basis for the actions of government, and they will even be used by citizens to rest in their trust and dependence on government that is not proper or healthy, that is destructive to America.

Liberty in the Future
The violation of the rights of

citizens and the abuse of power of government is right before our eyes, and the potential consequences and harm to America, its citizens and churches, and their liberties and happiness is very real.

Leaders are even more critical at certain times, and people are quietly and desperately looking for leadership - leaders to represent, to guide, to give hope, and to fight for liberty, happiness, and life.

The immediate crisis will likely end in the near future, but the ongoing battle for liberty and keeping

our Republic will continue.

The COVID-19 virus will likely return next winter, or another similar viral threat will eventually come - with the exact same scenario of greater government use and abuse of power and intrusion into the lives of citizens, churches, businesses, etc.

Individuals and churches can be better prepared and make better choices. They can act to defend their rights and influence government. They can shine light into darkness.

Wisdom and discernment are as vital as is the message and timing.

The counsel of the most trusted and capable people that you know is absolutely essential.

Prayer of Righteous People Accomplishes Much

As the story goes, after many weeks of deliberation and frustration and lack of progress at the Constitutional Convention, General Washington stopped the proceedings - to lead and advise that they should have been praying.

Even in the midst of one of the greatest meetings in the history of the world and of America, our greatest statesmen had to be reminded and be led to pray.

We must not fight without praying! At certain times, we must fast and pray and sing! In the past we sang of freedom and the Source of freedom.

My country, 'tis of thee,
Sweet land of liberty, of thee I sing;
Land where my fathers died,
Land of the pilgrims' pride,
From every mountainside let freedom ring!

Our fathers' God, to thee,
Author of liberty, to thee we sing;
Long may our land be bright
With freedom's holy light;
Protect us by thy might,
great God, our King.

In the words of the Apostle Paul: to Him that is able to do exceedingly abundantly above all that we can ask or think - according to the power that works in us - to Him be glory - in the church - by Jesus Christ - throughout all the ages.

Rhett Bergeron MD
Atlanta, GA

How to Make the Best of Homeschooling

Continued from Page One

I hope that I can offer you some encouragement and helpful tips. I homeschooled my four children every day for 23 years. But you have it harder!

You may have fewer children and not intend to homeschool for even four months. But I started with one three-year-old and gradually worked my way into it. On the other hand, you probably had no more than a weekend to prepare for this change in lifestyle!

You may be working from home, juggling housework, cooking, serving meals, and trying to keep enough food in the house for extra people who aren't usually home all day. Not to mention the extra emotional trauma and drama of each of them, and you included!

That is why the first thing I want to encourage you to do is have LOTS of grace - for the children and yourself! It's a hard time for everyone. You're all having to adjust the best you can. It's helpful to know that the beginning of next school

year will be a lot of review from the end of this one. It's highly unlikely that you will ruin their education in these weeks. So don't freak out!

Although you shouldn't expect perfection, there are some practical ways to make this experience the best it can be. Here are some ideas:

- Set up a routine. It doesn't have to be super regimented, but I found that my children worked better on a schedule. They got along better when they kept busy. I actually wrote it out on a poster and put it where it could be seen. It was like magic, because I wasn't the bad guy when it was time to do the next thing. It's what the schedule said!

- Read aloud. I suggest classics like the Narnia series by C. S. Lewis, historical fiction by G.A. Henty, or the side-splitting comedy John Erickson series, Hank the Cowdog. While you read, you might want to put baskets of clean laundry in front of them so they'll fold clothes. Sometimes I read from their history

books or assigned literature. Fidgety kids? Give them crayons and a coloring book to keep them occupied but still listening.

- Teach life skills. Take this opportunity to teach them things that will take some of the load off you. They can learn to wash clothes, bathe the dog, water plants. Have each child take turns with you in the kitchen. Eventually, hand off some of the cooking, once they get the hang of it. Even young children can learn to make sandwiches.

- Give them chores! Schedule them into everyday. Kids love a squirt bottle with a little soapy water and a rag, a feather duster and a Swiffer!
- Set a stopping time. Homeschooling doesn't take as long as in a classroom setting. It's motivating to know they only have to work on school until lunch time if they really get after it.

- Lastly, my friend, Linda Clark, who homeschooled for 27 years, said her children appreciated having alone time. She scheduled naps

for the littles after lunch and alone time for older children. They knew they'd have time apart from everyone to read or play quietly, and mom wouldn't ask them to do anything. It was peaceful for everyone.

You have the opportunity to see this unexpected time with your children as a gift. They will likely remember this unusual event in history. If you choose to see it as a blessing and make the best of it, they may have good memories of homeschooling. Smile at them, laugh with them, play games, enjoy it. Perhaps you'll come away with good memories too!

Gail Lloyd has lived in Central for 20 years and is a full-time artist. She and her husband Jim served as President of Christian Home Educators Fellowship of Baton Rouge for two years, and were active members for 23. Gail and Jim homeschooled their four children. To their pride and relief, they are all functioning, civilized, successful adults. Jim owns Cornerstone Commercial Flooring. He was honored to serve on Central's School Board for eight years.

Lady Wildcats 3-0 at Grant Tourney



Central Wildcat's homerun hitter, Destiney Gray.



Brinley Foreman, Bobby Amond, and Amy Prunyn for the Wildcats.

CENTRAL — The Central Wildcat softball team took their game in dramatic walk-off fashion, thanks to a single at the end of the game to topple the Barbe Buccaneers. The game was tied at 9-9 with Central batting in the bottom of the seventh when Bella Barnes singled on a 1-0 count, scoring one run. Both offenses were strong at the plate as Central collected 12 hits and Barbe nine in the high-scoring affair. In the first inning, Barbe got their offense started when Grayce Guidry singled on a 1-1 count, scoring one run.

Nicki Bourgeois earned the victory on the rubber for Central. She went seven innings, allowing nine runs on nine hits and striking out three.

Wildcats socked one home run on the day. Destiney Gary went for the long ball in the sixth inning. Central collected 12 hits. Autumn Vessier, Gary, Kylie Chauvin, and Barnes all managed multiple hits for Central. Barnes, Chauvin, Gary, and Vessier each managed two hits to lead Central Wildcats.

Barbe Buccaneer Varsity racked up nine hits in the game.

Central Wildcats won the contest

against Natchitoches Central on Friday, 6-2. Natchitoches Central got on the board in the first inning. Natchitoches Central scored one run when L Hargis singled. In the top of the third inning, Central tied things up at two. Bobbie Amond drew a walk, scoring one run. Central pulled away for good with one run in the fourth inning. In the fourth Amond drew a walk, scoring one run. Central notched three runs in the seventh inning. Central scored its runs on a home run by Bella Barnes.

Mary Fralick was the winning pitcher for Central. She allowed two hits and zero runs over four innings, striking out three and walking zero.

Cailyn Heyl started the game for Central. She went three innings, allowing two runs on seven hits, striking out two and walking zero. Central socked one home run on the day. Barnes had a dinger in the seventh inning.

Wildcats tallied nine hits on the day. Kylie Chauvin and Barnes each racked up multiple hits for Central Barnes and Chauvin each collected two hits to lead Central.

Central Businesses Learn to Innovate

Continued from Page 4

ality, starting with a first class design on the autocad. The 3D printer can produce an exact replica of what the final piece will look like. Once it is approved by the client, the gold or silver is cast and the stones are mounted. It's a process that can take weeks, but in the end, the client has a unique family heirloom that will last for generations. The completed piece is shipped to the client, who may be local or out of state.

One of the things Kelli says she enjoys is "repurposing" old pieces

of jewelry. Sometimes a person will inherit a precious piece of jewelry — precious but just not something she would wear.

Kelli can design a new piece of jewelry and then melt down the metal or use the jewels from the old piece for use in the new piece. The new piece might be made from great grandmother's brooch, which is now a dinner ring you can enjoy.

Working with her father and a craftsman like Joe the Jeweler, Kelli Hood has quite a heritage in the jewelry business, which she puts to use for clients everyday.

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CHS Students Attend Cybersecurity Day

STEM Discovery Day hosted by Louisiana Tech University



Cyber students from Central High School participated in STEM Discovery Day at Louisiana Tech University in Ruston. During the event, they took part in mock cyber attack.

CENTRAL — A select number of cyber students from Central High School had an opportunity to participate in a STEM Discovery Day hosted by LA Tech. The students invited were Central High cyber students who displayed top professionalism in class.

During the event, the students were in the role of mock Homeland Security agents and were given over 40 documents to sift through and determine the who, what, when, where, and why of a fictitious cyberattack on the G7 summit in NYC.

Central High School students who attended the event were Logan Adams, Brock Brumley, Ashton Constatin, Chandria Muse, Anthony Stewart and Kyle Stewart. These students truly showed what it means to be a leader, creative thinker and displayed the Wildcat Way.

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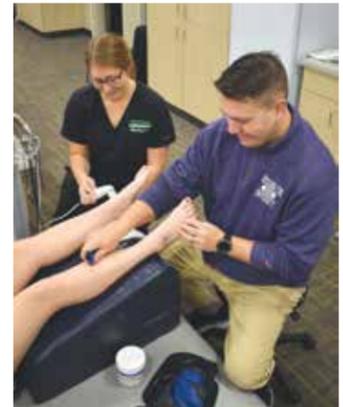
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Life Tabernacle One of Few Churches in A



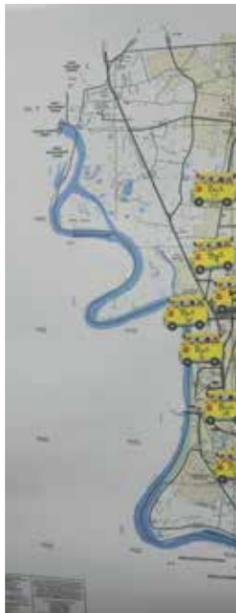
Rev. Timothy Spell, father of pastor



Rev. Tony Spell of Life Tabernacle



Life Tabernacle Church



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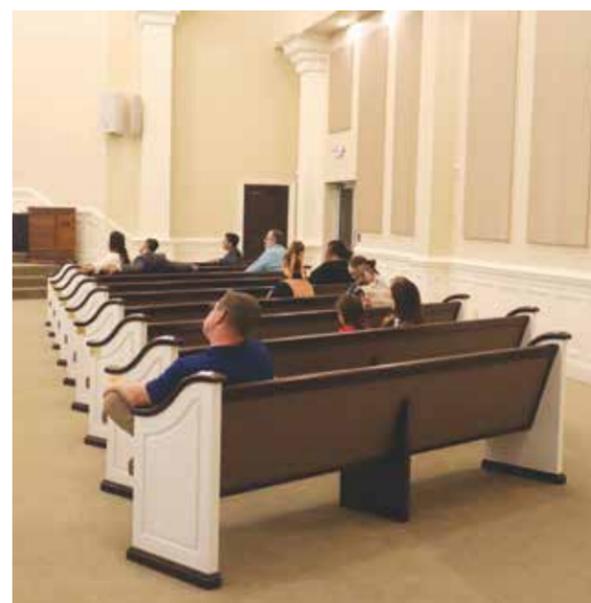


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Back the Blue at Central Private



BACK THE BLUE — At right, Becky Anderson, widow of office Shawn Anderson, Central Private head of school Robert Martin, and former Baton Rouge police chief Pat Englade.



BACK THE BLUE at Central Private School — The Central Private Student Council and the entire Central Private community came together last month to remember Lt. Shawn Anderson, honor local law enforcement officers, and raise money to purchase body armor for policemen, Sheriff’s deputies, and others in the Baton Rouge. Lt. Anderson was killed in the line of duty in 2017. The event featured speeches by Lt. Anderson’s widow Becky and former Baton Rouge Police Chief Pat Englade. Central Private head of school Robert Martin spoke and participated in the volleyball tournament. Central Private students, their families and friends raised more than \$4,100 by the sale of Back the Blue T-shirts, a raffle, and admission to the memorial volleyball tournament. To make additional contributions, go to <https://calef.la/#donate>. Live coverage was provided by Central City News editor Woody Jenkins.

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2020 Central Students of the Year



CENTRAL COMMUNITY SCHOOL SYSTEM'S 2019- 2020 STUDENTS OF THE YEAR — Alissa Clemmons, Central High School Student of the Year with Supt. Jason Fountain (left). Students of the Year with Central business leaders all of whom donated gifts to each student for their accomplishment (center). Luke Bordelon, Tanglewood Elementary Student of the Year with his parents smiling cheerfully (right). Central Middle School's Student of the Year, Rebekah Moret was unable to attend the school board meeting.



Alaiya Johnson Bellingrath Hills Elementary Student of the Year with Supt. Jason Fountain and her family celebrating the eventing (left and left/center). Marlie Smith Central Intermediate School Student of the Year with her parents and Supt. Jason Fountain (right/center and right). Central Middle Student of the Year Rebekah Moret was unable to attend the school board meeting where the students were highlighted and honored for their accomplishments.

Central School System Operating Feeding Program

CENTRAL — The Central Community School System is excited to announce a partnership with BREC and Three O'clock Project. This organization provides hot, made-from-scratch meals in the community. Monday, March 30, was the first day for meals to be distributed. Three O'clock Project

will visit five locations each week day in Central to deliver these hot meals to any students or children 18 years of age and younger.

The schedule and menu for next week can be accessed on the Central Community School System website, centralcss.org. You can also check out this update on our

Youtube channel Central Community School System!

Children do not have to be present to pick up meals. Parents or guardians may pick up meals on behalf of children. This program is for all children age 18 and under. The system expressed thanks to the Three O'clock Project.

Messages from Supt. Jason Fountain • Click QR Codes




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JUDGE CANDIDATE — Attorney Tiffany Foxworth, candidate for District Judge, visiting with Central Mayor Pro-Tem Wade Evans and Police Chief Roger Corcoran at a meeting of the Central City Council. The judge election, originally planned for April 4, has been postponed because of the coronavirus.

Bad Times Bring Out Good People

F. M. Oglesby
Central Resident

Last Tuesday afternoon, I ventured out to the Winn Dixie supermarket at Joor and Hooper Road to pick up a few items I just had to have. The store was almost empty because of the virus.

As I shopped, I began to feel a little nauseated and had started to perspire. I decided to end my shopping trip and headed to a checkout line.

I noticed the young man behind the counter was new. I shop Winn-Dixie a lot. He asked me if he could help me with my card because I was having trouble.

I knew something was wrong with me, because every time I tried to put my card in the machine I will reach forward with my hand but my body with back up.

He helped me check out and asked me if I needed help getting to my vehicle.

Of course I said No!

The next thing I remember was trying to open the passenger door to put my few groceries in my truck, and the same thing happened, reach forward with my hand toward the truck and my body would back up.

I felt someone touch my shoulder, and they asked me if they could help me. Then another boy said we need to get your truck started and get you under the air conditioner because you are sweating.

Truck opened, truck started, air conditioner on and one of the ladies yes they were both ladies, asked me if I was diabetic. I told her yes and said she was going to get me some peppermints because she had a child that was diabetic and she kept them in her car.

As she got back to my truck with the peppermints I looked up to see the EMS truck pull into the parking lot with two young men who took over and started with the questions to assess the situation. Juan asked me if I was diabetic and could he

take a blood sugar sample. I agreed.

He looked at the meter and then at me and said 39 that's low! He gave me a solution — I drank it in and my sugar began to go up. The two ladies both came by after they finished shopping to check on me. After checking my blood sugar again to make sure it was at a safe level, I waived my right to be taken to a hospital and carefully started for home.

The wife had already called to check on me, and I told her I would explain when I got home.

This is a personal thank you from me to the young man behind the counter of Winn-Dixie, to the ladies who stopped and helped!

Thank you Miss Amber, thank you Miss Brittany, and thank you to the two young men on the EMS truck who knew how to and did their job in the most professional manner. It's good to live in a community where people care.

F.M. Oglesby

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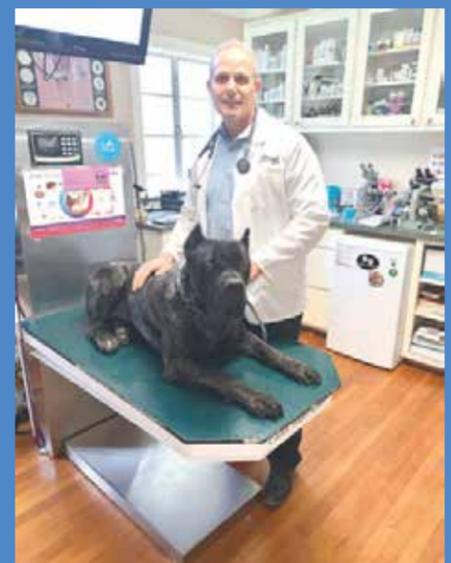
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When Constitution Is Shredded, Liberty Dies

Continued from Page 5

tion, drawing tens of thousands of viewers. Many who have never attended a Pentecostal service are shocked to see a service so completely different from those held in most Catholic, Baptist, Methodist, Presbyterian, Episcopal or other large denominations.

A Pew study found that there are 279 million Pentecostals worldwide, representing 11 percent of all Christians and four percent of the total population. There is also a charismatic movement within the Catholic church.

The Pentecostal movement began in the early 1900's with the Azusa Street Revival in California. Led by a black man, William Seymour, it was supposed to last a few days but ended up continuing for three years. Many Pentecostal churches have been racially mixed since those early days, long before it was accepted in most churches or society at large. The revival led to the spread of the

Pentecostal faith across the nation and around the world.

Since mid-March, some people in Central and elsewhere have demanded that Life Tabernacle be shut down and that Rev. Spell be arrested.

Some claimed he was defying the governor, that he was seeking attention, or that it was all about money. Rev. Spell pointed said he was not defying anyone, just continuing to hold worship services as he and his grandfather have done for 62 years. Not defying the Governor but listening to God, he said.

To the charge that it was just about making money, he pointed out that most of his congregation is very poor. They don't have cars or the Internet.

Years ago, Rev. Tony Spell began a bus ministry to reach poor people in North Baton Rouge, especially 70805. He and his leaders visit hundreds of homes every Saturday inviting people to church.

As his black membership grew,

some members of the church rebelled and left. Today Life Tabernacle is roughly 50-50 black and white, one of the few truly racially mixed churches in the country.

The bus ministry, which now extends all the way to Hammond, is said to have played a major role in reducing crime in 70805 and shutting down drug labs and gangs as more and more people in the area listened to the message and turned their lives around. Those who ride the bus are fed at every service, and the church helps meet many of their needs.

In August 2016, Central experienced a devastating flood. Rev. Spell and his congregation set up Life Tabernacle as a refugee center and the buses were used as rescue vehicles, because they were able to travel into flooded areas and bring people out.

Then, on the Saturday of the flood, Life Tabernacle itself began to flood, and both the congregation and the refugees had to flee to higher ground. Ultimately, the church received three feet of water and suffered extensive damage.

On Tuesday, when Central Police Chief Roger Corcoran entered the sanctuary at Life Tabernacle, he arrested Rev. Spell, read him his rights, fingerprinted him, and handed him a misdemeanor summons. He was released on his own recognizance. The misdemeanor summons accuses Rev. Spell of six counts of violating the Governor's Emergency Orders. District Attorney Hillar Moore intends to prosecute.

This is amazing! The United States Constitution is the law of the land. The Constitution guarantees Life Tabernacle and all of us Free-

dom of Religion and Freedom of Assembly. No President or Governor can suspend it. It is above any statute passed by Congress or the legislature, must less a decree by the Governor.

But in any case, even the state statute under which the Governor is acting specifically says that his actions may not violate the Declaration of Rights of the Louisiana Constitution or the Bill of Rights of the United States Constitution.

In addition, there are many other legal problems with the arrest of Rev. Spell including equal protection, due process of law, and the Louisiana law prohibiting discrimination based on religious ideas or beliefs (Art. I, Section 3 of the Louisiana Constitution).

For those who say the pastor should "obey the law," the reality is the law is all on his side. The State has nothing to stand on. The U.S. Constitution, the Louisiana Constitution, and even the operating statute show that Rev. Spell and his congregation are operating legally, and the State is operating 100 percent illegally.

We do not know where this will end. However, grave damage to the constitutional rights of these citizens is being done. Every public official who participates in this travesty is violating federal Civil Rights laws and exposing himself to personal liability. They should think long and hard about continuing to attack Freedom of Religion and Freedom of Assembly. They are building a house of illusions, ready at any moment to fall. All swore to protect and defend the Constitution, not destroy it.

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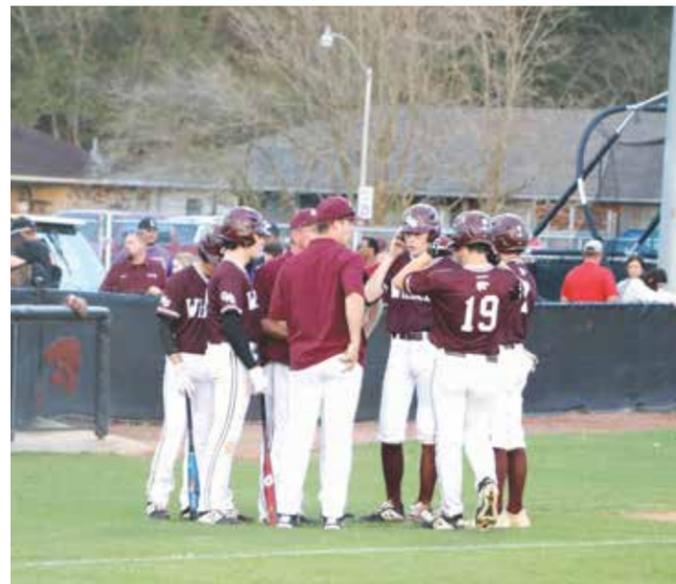
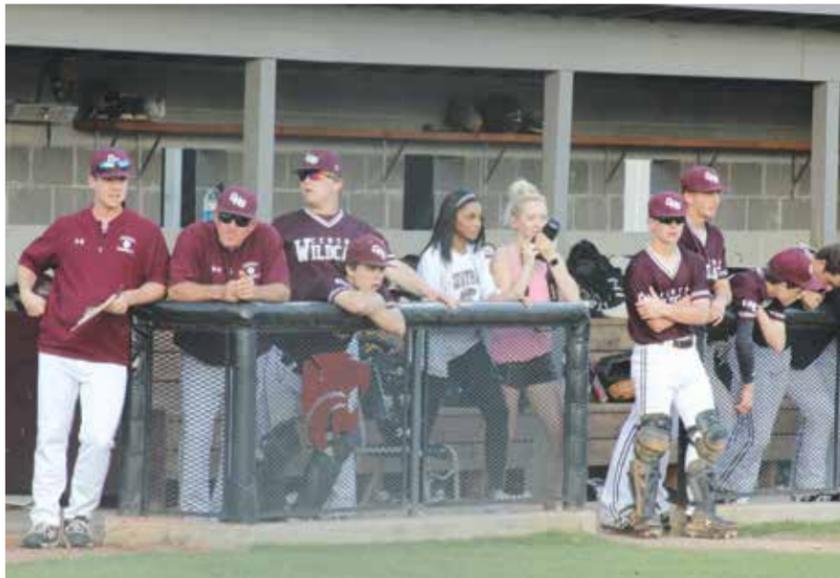
Wildcats Win Final Four Games of the 2020 Season

Central Wildcat's Historic Season,

Central Private at Central High Feb. 18, 2020



12,000 Viewers



Sponsors Pre-Game Feb. 24, 2020



Unofficial



Mandeville at Central High Feb. 24, 2020



13,800 Viewers

New Iberia at Central High Feb. 25, 2020



16,000 Viewers



Ponchatoula High at Central High Feb. 27., 2020

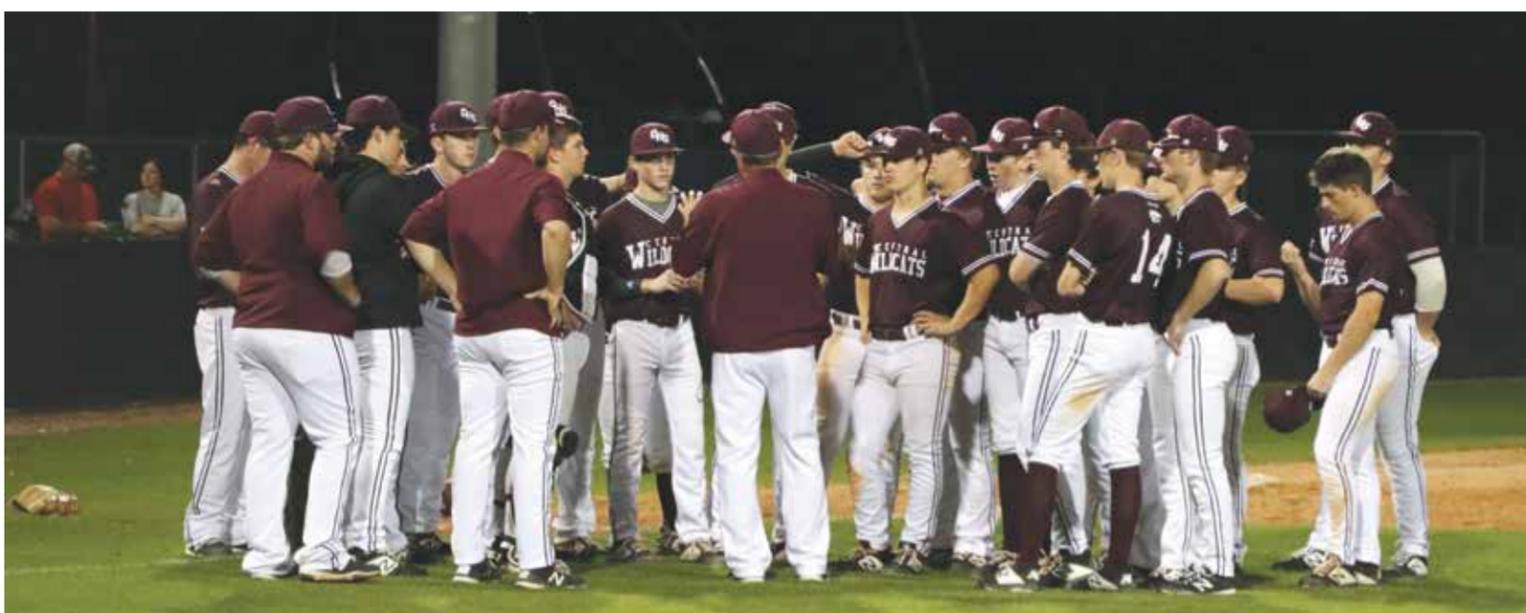


17,000 Viewers

Byrd High at Central High Feb. 28., 2020



15,200 Viewers



Loreauvill High at Central High Feb. 29, 2020



14,000 Viewers

Central High Defeats St. Augustine in Last Home Game of 2020
Photos by Jolice Provost of the Central City News

Last Home Game Photos Against St. Augustine

Games Stop Amid COVID-19 Crisis



Sam Houston
at Central High
Feb. 29, 2020



W. Monroe High
vs Central High
Mar. 7, 2020



Unofficial



Haughton High
vs Central High
Mar. 7, 2020

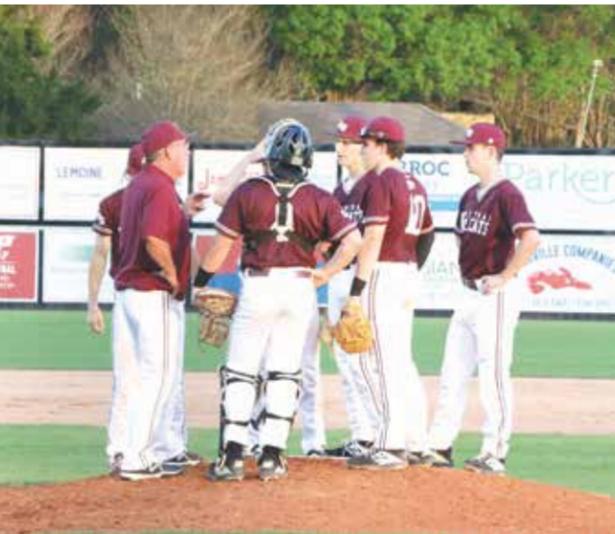


Unofficial

St. Augustine
at Central High
Mar. 11, 2020



16,900 Viewers



Central vs
St. Louis Catholic
Mar. 13, 2020



12,300 Viewers



Central vs
Sapulpa, Okla
Mar. 13, 2020



15,200 Viewers

Central vs
St. Louis Catholic
Mar. 14, 2020



11,100 Viewers

CENTRAL HIGH BASEBALL COACH
Leo McClure talks it over before game begins.

CENTRAL CITY NEWS BROADCAST CREW — Kim Powers, Ella Olive, Woody Jenkins, Todd Lasseigne, public address announcer Les Bueche, and Jolice Provost.

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Specialty Trees

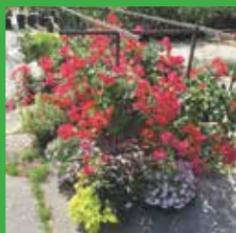
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