### CAPITAL CIT Serving Baton Rouge and City of Central



# Guide to Nov. 6 Election

**Capital Election Guide** Coming Oct. 18, 2012 • Deadline Oct. 15 To advertise, Call 261-5055

Thursday, October 4, 2012 • Vol. 21, No. 4 • 16 Pages • www.capitalcitynews.us • Phone 225-261-5055

Suit Says CATS Tax Violates Equal Protection

# CATS Tax Challenge



**LANE GRIGSBY** (4th from left) was honored as Gladiator of the Year by the Louisiana Family Forum at Healing Place. Shown with Grigsby are (left to right) his daughters Tami and Tricia, his wife Bobbi, and Family Forum president Gene Mills.

# La. Family Forum Honors Legislators, Lane Grigsby as 'Gladiator of the Year'

pro-family advocates from across the state gathered at Healing Place Church Arena on Highland Road to honor 40 Louisiana Legislators

BATON ROUGE — More than 600 for their pro-family voting records. The event was sponsored by the Louisiana Family Forum.

The highlight of the event was the announcement that Baton

Rouge businessman Lane Grigsby would receive the Family Forum's highest honor — the Gladiator of the Year Award, a beautiful and See **FAMILY** on Page 4

# Plaintiff Says La. Supreme Court Already Decided A Similar Case

BATON ROUGE — District Judge Todd Hernandez will hold a hearing next Friday, Oct. 12 on a suit to throw out the \$180 million CATS transportation tax approved by voters April 21.

The suit, filed by local businessman Milton Graugnard, says the 10.6-mill property tax is a violation of equal protection of the law

under both the 14th Amendment to the U.S. Constitution and Article I. Section 3 of the Louisiana Constitution.

Graugnard's attorney, Kyle Keegan, says the case is very strong because

Milton Graugnard Lead Plaintiff the Louisiana Supreme Court has already ruled on a similar case.

In that case, Arkansas & Louisiana Ry. Co. v. Goslin, the plaintiff said he was forced to pay a property tax to a levee district for flood control purposes but that property

See **FIRST** on Page 16

### Steve Myers Campaigns for Less Government

### Attorney's Quest For Mayor Could Have Big Impact

**Woody Jenkins** Editor, Central City News

**BATON ROUGE** — Local attorney Steve Myers has launched a campaign for Mayor-President that is unlike any that voters in the parish have seen before. His goal is to reduce the size and cost of the City-Parish government and keep \( \) local government within what he sees as its proper role — police, fire, roads, drainage, and sewer.

See **MYERS** on Page 3

Attorney Steve Myers, Independent candidate for Mayor-President.



Front Page Editorial

#### **Clear Victory for** Gov. Romney in Debate with Prez

**DENVER** — The first of three Presidential Debates Wednesday night with a clear victory for Gov. Mitt Romney. Romney looked younger, more energetic. He was pleasant, knowledgeable, aggressive. He enjoyed it. It was a fine perfor enjoyed it. It was a fine performance. The President looked tired, sour, unhappy to be there. He seemed lost without his tele-prompter. Best line was when Romney said, You pick winners and losers, mostly losers! Strong victory for Romney.

Capital City News

### **CAPITAL CITY NEWS**<sub>®</sub>

**Incorporating the South Baton Rouge Journal** 

Vol. 21 • No. 4 • Entire contents © 2012 Post Office Box 1 910 North Foster Drive Baton Rouge, LA 70806 Greenwell Springs, LA 70739

Phone (225) 261-5055 • FAX 261-5022 Email stories and photos to capitalcitynews@hotmail.com

Published 1st and 3rd Thursdays by Community Press, LLC

Capital City News is a continuation of the South Baton Rouge Journal, which went on hiatus in 2008 during its 20th year of publication. The *Capital City News* resumed publication of the *Journal* with Vol. 21, No. 1 on Aug. 16, 2012. Community Press, LLC, publishes the *Central City News* on the 2nd and 4th Thursdays of each month.

Editor & Publisher **Business Manager** Graphic Artist **Business Specialists** 



2012: A Year of Decision

Woody Jenkins **Candi Lee** Terrie Palmer Shara Pollard, Jolice Provost

Member, National Newspaper Association Deadline for news and advertising: 5 p.m. Mondays

**LOUISIANA FAMILY FORUM** — State Rep. Steve Carter was honored for his pro-family voting record and given special recognition for authoring Gov. Bobby Jindal's education of the state of t tion reform legislation. Gene Mills, president of Louisiana Family Forum, honored Carter before 600 pro-family activists at Healing Place last week. Assisting was Ruth Flores.

### Steve Myers' Campaign Reminds Conservatives Of William Buckley's 1965 Race for NYC Mayor

**Buckley Paved Way** For Conservative Victories, Creation of Fox News Network

**Woody Jenkins** Editor, Capital City News

**BATON ROUGE** — The unorthodox campaign for Mayor-President being waged by attorney Steve Myers is certainly gaining a lot of attention. The timing seems right for his message of less government and lower taxes.

Myers is probably more "libertarian" than "conservative," but his outspoken intellectual attack on big government reminds many conservatives of the historic campaign for Mayor of New York City waged by William Buckley in 1965.

Buckley and Myers share a passion for words, and both were pub-

Buckley lishers. owned **National** Review, the nation's most influential conservative publication for decades. Myers published Tiger Rag, not a philosophi-



cal journal but one Woody Jenkins with a large following in this LSU

Tiger-crazy city.

Buckley, who ultimately received only 13.4 percent of the vote against liberal Republican John Lindsey and Democrat Abraham Beame, nevertheless had an enormous effect not only on New York City but on the entire nation.

He articulated the conservative message in such an intriguing and convincing way that he rallied a generation of conservative youth to the cause.

His candidacy helped launch the Conservative Party in New York as an important force in the state. A few years later, his brother Jim Buckley was elected to the United States Senate from New York State on the Conservative Party line. The Reagan Administration was populated with many individuals who were inspired to political action by Buckley and his coherent, consistent small government message.

Like Buckley, Myers is strug-

gling to get his message to the people and to have them take his candidacy seriously.

But, if people do start listening, Myers could become a serious factor in the race for Mayor-President. And, like Buckley, he could lay the intellectual foundation for a new generation of conservative youth.

It is encouraging to see a capable man running for high public office one who is not afraid to speak the truth and "tell it like it is."

### Some of Steve Myers' Favorites

Here are some of Mayoral candidate Steve Myers' favorite things:

**Books** 

- The Road to Serfdom by Friedrick Hayek
- In Search of Self Governance by Scott Rasmussen

• East Baton Rouge Unified Development Code

• Louisiana Civil Code

• Wealth of Nations by Adam Smith

• Liberty and Tyranny by Mark Levin • Race and Economics by Walter

Williams

• Basic Economics by Thomas The Federalist and Anti Feder-

alist Papers • The Road Less Traveled by

Scott Peck • Extraordinary Popular Delusions & the Madness of Crowds by

- Will I See My Dog in Heaven by Jack Wintz
- Advise and Consent by Allen • Complete Works of Francis A.
- Schaeffer
  - Pensees by Blaise Pascal Movies/Plays
    It's A Wonderful Life

- The Wizard of Oz
- The Sound of Music
- One Flew Over the Cuckoo's
- Silence of the Lambs

- 12 Angry MenMan in the Glass The Dale Brown Story
  - Schindler's List
  - The Green Mile
  - Lion King
  - Shawshank Redemption
  - Mr. Smith Goes to Washington See **STEVE** on Page 3

NOTE: Both newspapers cover news in Central Thursday, Oct. 4 Capital City News Tuesday, Nov. 20 Christmas Gift Guide Health & Fitness Guide

Thursday, Oct. 11 Central City News Capital City News Thursday, Oct. 18 Election Guide

Thursday, Oct. 25 Central City News Thursday, Nov. 1 Capital City News Thursday, Nov. 8 Central City News Capital City News Thursday, Nov. 15

Thursday, Nov. 29

for both newspapers Central City News Central Christmas Parade

Thursday, Dec. 6 Capital City News Thursday, Dec. 13 Central City News Thursday, Dec. 20 Christmas Edition

for both newspapers No publications Dec. 27 and Jan. 3, 2013

The Best Price In Roofing & Sheet Metal Services Blanco's Roofing & Sheet Metal LLC

**Community Press 2012 Publication Schedule** 

Capital City News - 1st and 3rd Thursdays of each month

Deadline: 5 p.m. Monday before publication

Capital City News is distributed in South Baton Rouge & Central

Central City News - 2nd and 4th Thursdays of each month

Deadline: 5 p.m. Monday before publication

Central City News is distributed primarily in the City of Central

Serving Central and the Surrounding Area Since 1990 Our Top Priority Is Your Complete Satisfaction **COMMERCIAL & RESIDENTIAL** 



262-1980

www.blancosroofing.com



### ALARM CENTER **Security Systems**

Keep your family and home secure ...

Security Systems • 24 Hour Alarm Monitoring No Home Phone Required **Locally Owned & Operated Since 1978** Ask About Our FREE Security Systems

292-5276

11410 Airline Hwy., Baton Rouge, LA 70816 www.alarm.net

**NEW LOCATION COMING SOON! Located on the corner of Airline** Hwy. at Siegen Lane



**Owner Brian Watson** with wife Adaina

### Police, Roads, Property Rights, and Civil Liberties

# Myers Carries Message of Liberty

Continued from Page 1

"Government is just one factor in society," he said, "and there are many other institutions that play roles that are just as important, such as the home, family, business, and church."

"But today government is like a bully that comes along and takes your money. We should change direction by repealing a lot of stupid laws and reducing the size and cost

of local government," he said.
"The problem is, the people who care the most about local government — many of the ones who fund campaigns — are involved in a money grab. They want to use the power of government to make

money for themselves," he said.

The other problem Myers sees is what he calls "the pitchfork crowd" that rises up from time to time to trample on individuals' private property rights in order to serve their own interests.

In fact, Myers' No. 1 issue is private property, which he sees as under attack in Baton Rouge.

Myers graduated from New Orleans Academy, a military school. He earned a B.A. degree in journalism, an M.A. in counseling, and a J.D. in law, all from LSU.

He ran a strong race for the Louisiana House in 1991.

A real estate broker and owner of about 40 rental properties, he says the UDC, the parish's comprehensive zoning ordinance, is unfair and should be modified.



**Attorney Steve Myers** Independent Candidate for Mayor

He said, "We should look at everything in City-Parish government through new eyes and make a lot of changes.'

Myers, founder and publisher for many years of Tiger Rag newspaper, has been using his writing skills in the campaign. Each day, he issues a new edition of The Myers Minute, which describes his position on a different issue in the campaign. He posts all of these messages on You Tube and links them together through his website, www.TheMyersMinute.com.

Here are some of Myers' positions on key issues facing the parish:
• Roll Forward of Property Tax-

#### **Steve Myers**

- Attorney at Law
- Realtor-Broker
- Licensed Lawver in Louisiana since 1990
- Licensed Real Estate Agent in Louisiana since 1997
- Licensed Individual Real Estate Broker since 2008
- Co-Founder (retired) LSU Tiger Ràg Magazine

642 Ursuline Drive Baton Rouge LA 70808 225-767-0640 Fax 763-6862 Cell 931-7935 E mail: stevemyers6@cox.net

es — Against

- Red Light Cameras Against

CATS tax — Against
The Loop — Against
Sewer User Fees — "It's ridiculous! It's going up again. This looks like a big slush fund that is ripe for corruption. And nobody is fighting it!"

• Crime — He favors adding 70 police officers to the Baton Rouge Police Department. "This is the hardest problem we face. We need more officers, but right now it's 'catch and release.' The root problem is that this country was founded on certain principles, and these are

 Consolidation of Sheriff's Office and Baton Rouge Police Department — "It could make sense if everyone is willing to compromise a little. The police chief would be put under the Sheriff, and there would

have to be a transition period."

• Selection of Architects and Contractors — "The system is broken and needs to be reformed."

 Highways and Transportation "Nobody is going to reduce the amount of traffic. Rather, we have to focus on how to move traffic better."

Since Myers launched his 40-day campaign — exactly 40 days before the Nov. 6 primary for Mayor-President — his campaign has garnered a lot of media attention.

Myers was instrumental in killing the proposed "Rental Registry Ordinance" before the Metro Council. He said, "This opened my eyes to the absolute intrusion of this law into areas of private contracts, property rights and civil liberties where government has no business being. Lines always have to be drawn in the law. These overstep the line. We need to be extremely vigilant to not let the pitchfork crowd influence public policy ordinances at the local level based on exceptions or anecdotal evidence. Civil liberties and

See **STEVE** on Page 16

**Meet Gordon Mese Candidate for Mayor-President Capital City News** October 18, 2012

### More of Steve Myers' Favorites

Continued from Page 2

• ET

 Breakfast Club **Favorite Quotes** 

• "I have been crucified with Christ; and it is no longer I who live but Christ lives in me; and the life which I know live in the flesh I live by faith in the Son of God, who loved me and gave himself up for me." Galatians 2:20

• "We the people..." U.S. Con-

• "The heart has its reasons of

which reason knows nothing: we know this in countless ways." Pas-• "No state shall..pass any law

impairing the obligation of contracts." U.S. Constitution

• "...Nor shall private property be taken for public use without just Bill of Rights 5th compensation. Amendment.

• "The enumeration in the constitution of certain rights shall not be construed to deny or disparage others retained by the people." 9th Amendment, Bill of Rights.

• "Let each of us examine his thoughts; he will find them wholly concerned with the past or the fu-

ture. We almost never think of the present and if we do think of it, it is only to see what light it throws on our plans for the future. The present is never our end. The past and the present are our means., the future alone our end. Thus we never actually live, but hope to live and since we are always planning how

to be happy, it is inevitable that we should never be so." — Pascal

• "Don't be angry and don't be negative." Coach Dale D. Brown

 "Truth is so obscured nowadays and lies so well established that unless we love the truth we shall never recognize it." Pensees 739 Pascal.

"Success is the peace of mind which is a direct result of the selfsatisfaction of knowing you did your very best." John Wooden • "1806 Webster's definition

of success: fortunate, happy, kind, prosperous. 2012 dictionary definition of success: Obtaining wealth,

fame, rank and power."

• "Keep His statutes and His commandments that it may go well with you and your children after you." Deut. 4:40.





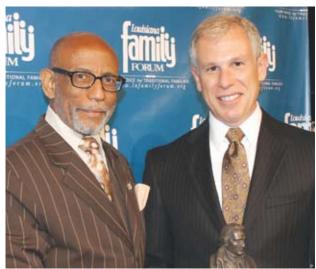
# Family Forum Honors Legislators for



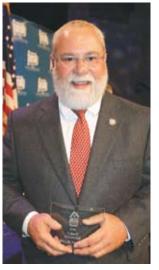
Rep. Bryan Adams



Sen. John Alario



Sen. Elbert Guillory and Gene Mills



Sen. Bret Allain II



Sen. Conrad Appel



Rep. Taylor F. Barras



Rep. John Berthelot



**Rep Simone Champage and Gene Mills** 



Rep. Tim Burns



Rep. Henry Burns

Continued from Page 1 quite authentic saber.

When Lane Grigsby's wife Bobbi and daughters Tami and Tricia saw the sword, they were amazed and had big smiles. Some in the audience who know Grigsby well said,

"How appropriate!"
Grigsby, the founder and chairman of the Board of Cajun Industries, is known for taking a strong stand on conservative and pro-business issues in the state.

Family Forum president Gene Mills praised the 40 legislators and Grigsby for their devotion to the pro-family cause. Each of the legislators was presented with either a bust of Patrick Henry or a glass trophy for their desks.

Sen. A. G. Crowe, who received two awards during the evening, quipped that he should get an award for getting the most awards. Crowe has been honored during each of his 12 years in the legisla-

tors. The following is a list of legislators honored by Family Forum:

**2012** Louisiana Family Forum **Legislative Award Winners** 

Outstanding Family Advocates in the Senate — Robert Adley of Benton, Conrad Appel of Metairie, A.G. Crowe of Slidell, Jack Donahue of Mandeville, Elbert L. Guillory of Opelousas, David Heitmeier of New Orleans, Gerald Long of Winnfield, Barrow Peacock of Bossier, Danny Martiny of Metairie, Mike

#### A Tradition In Excellence

#### CENTRAL **PRIVATE** SCHOOL

### Is Growing!

#### Come see what others have already discovered...

- ✓ Small Class Size
- √ College Preparatory Curriculum
- ✓ Superior Stanford Achievement **Test Scores**
- √ Family Atmosphere
- ✓ Excellent Sports Programs

Central Private School, Inc. admits students of any race, color, national, and ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at the school. It does not discriminate on the basis of race, color, national, and ethnic origin in administration of its educational policies, scholarship and loan programs, and athletic and other school administered programs.

12801 Centerra Court Central, Louisiana 70714 www.centralprivate.org

225.261.3341



Rep. Bubba Chaney



Sen. Jack Donahue



Rep. Franklin Foil

#### **Ask The Expert**

#### Q: To Convert or Not to Convert? That's the Roth Question

A: In addition to allowing you to obtain tax free growth, Roth IRAs also permit you to convert all or part of your traditional IRA investments to a Roth IRA and benefit from tax-free withdrawals in retirement, regardless of your income. Keep in mind that you can convert as much or as little of your traditional IRA assets as you wish, and you can even spread the conversion process over a number of years to help manage the tax liability. We can help you to determine if a Roth IRA conversion is the appropriate strategy for you, based on your personal situation, time frame, and current and future tax brackets.

We can help you execute a sound financial program utilizing the following products and services:

• Mutual Funds • Investment management • Retirement strategies • Estate conservation • Insurance and annuity products





8564 Jefferson Hwy., Suite B • Baton Rouge, Louisiana 70809

225-261-9606

www.cfgofbr.com • ijames@summitbrokerage.com Capital Financial Group is an independent firm with securities offered through Summit Brokerage Services, Inc., Member FINRA, SIPC. Advisory services offered through Summit Financial Group, Inc., a Registered Investment

# **Pro-Family Voting Record in Session**



Rep. Hunter Greene



Rep. John Guinn



Sen. Gerald Long and Gene Mills



Rep. Lance Harris



Sen. David Heitmeier



Rep. Bob Hensgens



Rep. Paul Hollis



Sen. A.G. Crowe



Rep. Sherman Mack



Rep. Greg Miller

Walsworth of West Monroe, Rick Ward III of Port Allen, and Mack "Bodi" White of Baton Rouge

Outstanding Family Advocates in the House — Taylor Barras of New Iberia, Henry Burns of Haughton, Tim Burns of Mandeville, Simone Champagne of Erath, Greg Cromer of Slidell, James R. Fannin of Jonesboro, Raymond E. Garofalo of Chalmette, Hunter Greene of Baton Rouge, Lance Harris of Alexandria, Kenneth E. Havard of Jackson, Lowell C. Hazel of Pineville, Cameron Henry of Metairie, Bob Hensgens of Abbeville, Valarie Hodges of Denham Springs, Paul Hollis of Covington, Frank Howard of Many, Mike Huval of Breaux Bridge, John Morris of Monroe, Kevin Pearson of Slidell, Erich Ponti of Baton Rouge, Stephen Pugh of Ponchatoula, John Schroder of Covington, and Kirk Talbot of River Ridge

Family Advocates in the Senate John Alario Jr. of Westwego, Bret Allain II of Franklin, Jody Åmedee of Gonzales, Troy E. Brown of Napoleonville, Page Cortez of Lafayette, Norby Chabert of Houma, Neil Riser of Columbia, Gary Smith of Norco, Sherri Buffington of Keithville, Ronnie Johns of Lake Charles, Jonathan Perry of Kaplan, and John

Smith of Leesville

**Family Advocates in the House** Bryan Adams of Gretna, John Berthelot of Gonzales, Stuart Bishop of Lafayette, Christopher

See **600 COME** on Page 6



Rep. John Morris III



Sen. Barrow Peacock



Rep. Erich Ponti





Home owned and growing with Baton Rouge. We save you time & money with up to 24 months to pay with No Down Payment

#### WE BEAT ONLINE PRICING

We Won't Waist Your Time Or Your Money

> FREE SHUTTLE SERVICE

Shop Our Web Make Appointments Online



Complete **Automotive** Service

Express Oil And Tire Service

LADIES DAY TUESDAY

### I work for YOU ... not commissions!



BuywithRegina@gmail.com www.BuywithRegina.com Office: 225-615-7755



Each office independently owned & operated. 8556 Jefferson Highway, Suite A Baton Rouge, Louisiana 70809









#### **WE SELL ALL TIRE BRANDS** Most Cars and Trucks

COUPON

Oil Change : Filter & Lube Free Tire Rotation

PER AXLE INSTALL PADS OR SHOES PER AXLE **69**<sup>99</sup>

**Brakes** Alignment : TMONROE

Most Cars & Light Trucks

1/2 PRICE

COUPON

COUPON COMPUTERIZED ENGINE DIAGNOSIS

751-3656 12116 S. Airline Hwy (at Cloverland)

Open 7am-5:30pm Mon-Fri & 8am-3pm Sat www.simplesimontire.com

7777 N. Airline Hwy. (at Choctaw)

# 600 Come to Honor Pro-Family Legislators, Recognize Lane Grigsby at Healing Place







Tami, Tricia, and Bobbi Grigsby and Gene Mills. LABI president Dan Juneau, Ginger Sawyer, and Lane Grigsby.

Continued from Page 5

Broadwater of Hammond, Richard Burford of Stonewall, Thomas Carmody of Shreveport, Stephen Carter of Baton Rouge, Charles Chaney of Rayville, Gordon Dove of Houma, Franklin J. Foil of Baton Rouge, Brett F. Geymann of Lake Charles, John E. Guinn of Jennings,

Frank Hoffmann of West Monroe, Nancy Landry of Lafayette, Eddie Lambert of Gonzales, Christopher Leopold of Belle Chasse, Anthony Ligi of Metairie, Joseph Lopinto of Metairie, Nick Lorusso of New Orleans, Sherman Mack of Livingston, Gregory Miller of Norco, James Morris of Oil City, Rogers Pope of

Denham Springs, Steve Pylant of Winnsboro, Clifton Richardson of Baton Rouge, Joel Robideaux of Lafayette, Clay Schexnayder of Sorrento, Alan Seabaugh of Shreveport, Robert Shadoin of Ruston, Scott Simon of Abita Springs, Major Thibaut of New Roads, Lenar Whitney of Houma, and Thomas

Willmott of Kenner

Life and Liberty Award Winners — Sen. Rick Ward III, Sen. Sharon W. Broome, Sen. John Alario, Sen. A.G. Crowe, Rep. Steve Carter, and Rep. Kirk Talbot

www.CapitalCityNews.us



Rep. Stephen Pugh



Sen. Neil Riser



Rep. Clay Schexnayder



Rep. Robert Shadoin



Sen. Gary Smith



Sen. Mike Walsworth



Sen. Rick Ward III



Rep. Thomas Wilmott



Gene Mills and his wife Blanche



**Attorney Mike Johnson** 



**Attorney Todd Gaudin** 



Prepay Ad by October 19: Save 50% Prepay Ad by October 26: Save 40% Prepay Ad by November 2: Save 30% Prepay Ad by November 9: Save 20% Prepay Ad by November 16: Save 10% Paid after November 16: No Discount Final Copy: Thursday, Jan. 10, 2013 Publication Date: Thursday, Jan. 31, 2013 Column Width: 1 column = 2.25"; 2 columns = 4.6186"; 3 columns = 7.0"
Size of Ads: Full page = 3 columns x 9"





B&W Size Pre-paid Monthly Pre-paid Monthly Covers 4,000 n/a n/a 2,500 250 Full Page 3,000 300 2/3 Page 2,000 200 1,675 150 1/2 Page 1,500 1,250 1,000 100 1/3 Page 835 1/4 Page 650 1/6 Page 600 60 500 50 1/12 Page 400 40 325 35

The Central Com The Central Community Directory & Yellow Pages® is Central's "go to" source for information — next to everyone's phone at home or office. Be included in the 2013 edition. It could be Your 2013 "Salesman of the Year"!

Phone 261-5055





# Capital Health & Fitness Guide

Capital Health & Fitness Guide • Oct. 4, 2012 • 225-261-5055 www.capitalcitynews.us • capitalcitynews@hotmail.com

#### **Health & Fitness Guide**

Update information at capitalcitynews@hotmail.com

#### Acupuncture

Ashley Johnson
Licensed Acupuncturist
Bon Point Acupuncture
and Herbs
4710 McHugh Rd., 658-6624

#### **After Hour Clinics**

Central STAT Care 11055 Shoe Creek, 261-4493

#### **Lake After Hours**

8751 Sullivan, 262-8377 3333 Drusilla, 924-3906 2380 O'Neal, 756-0780 12525 Perkins, 819-8857

#### **Ambulance**

Acadian Ambulance Service 1-500-259-1111

East Baton Rouge EMS 911

#### **Chiropractors**

**Central Chiropractic Clinic** 

Butler, Damon Dr. 8755 Sullivan, Ste. A, 706-0454

Roth, Dr. Rich 32350 Hwy. 16, Bldg. C Denham Springs, 664-1456

Underwood, Don Dr. Underwood, Brent Dr. 11851 Coursey, 293-1700

#### Day Spas

Entourage

17651 Greenwell Sprgs, 261-6790

Judy's Heavenly Hair & Skin

13933 Greenwell Sprgs, 261-0550

North Point Spa

18901 Greenwell Springs 261-2225, northpointspa.com

The Looking Glass Beauty Lounge 12756 Hooper, 261-1900

#### **Dentists**

Bossier, Gerard J. Dr. 14127 Greenwell Sprgs, 261-0043

Browning, Scott R., DDS 9053 Sullivan, 261-9000

#### Central Dental Care

Hebert, James H. DDS Henderson, Jacob F. DDS



**DR. DEEPAK THEKKOOTT** of Cardiovascular Institute of the South at Lane Regional Hospital in Zachary

Anytime Fitness

11231 Lovett, 456-5156

11424 Sullivan, 261-6645

Central Oaks Dental Care Prudhome, David K. DDS 16606 Greenwell Springs Central, 262-4150

Raborn, Timothy R. DDS 10954 Joor, 261-3360

Record, Ben Dr. 15110 Wax, 261-1580

Vaughn, Walter J. DDS 13323 Hooper, 261-8050

Weilbacher, Stephen J. DDS 2321 Drusilla Lane, Baton Rouge, 928-3384

#### Ear, Nose & Throat

**ENT Medical Center** 

Boone, Ryan Dr. Hall, Christian Dr. 6110 Main St., Ste. D Zachary, 658-6220

#### Fitness Centers/Yoga

Aerobics by Roxanne Central, 261-5539 Central Karate 8879 Sullivan, 261-6326

**Curves of Central** 

13579 Hooper, 262-8040

Langston's Taekwondo 13421 Hooper, 261-5825

Massage and Yoga, LLC Gill, Heidi LMT, 261-1956 massageandyogaincentral.com

Perfect Balance Gymnastics 14645 Greenwell Springs Central, 262-4966

**Snap Fitness** 

14395 Greenwell Springs Central, 261-5008

Snap Fitness of Central 18513 Magnolia Bridge, 261-6119

**Spectrum Fitness Clubs** 11424 Sullivan, 261-8405 1326 Church St., 654-3800 145 Aspen Square Denham Springs, 667-6789

spectrumfitness.com X-Treme All-Stars 14645 Greenwell Springs

#### **Health Food**

Central Smoothie King Nutritional Lifestyle Centers

Central, 262-4966

See CAPITAL on Page 8

### Central Physical Therapy

13111 Hooper Road, City of Central • 225-261-7094 • www.crcpt.com

# Free Sports Injury Assessment Clinics

Open to the Public • Every Saturday 8 to 10 a.m.

No Appointment Necessary Now Featuring Concussion Program

Tom Coplin PT • Erik Strahan DPT, ATC • Helen M. Balzli PT • Richard O'Quinn PT



### Now Accepting Primary Care Patients

#### Central STAT Care ... Unless You Want To Wait

- Short wait times
- Fast treatment
- Less expensive than an ER
- Personalized service
- Call ahead seating
- Good working relationship with many specialists in the area



225.261.4493

9 am to 9 pm 7 Days A Week 11055 Shoe Creek Dr. • Central, La. 70818 Bryan Barrett, MD • Michael Romaguera, MD Visit us online at www.statcareclinic.net



## Capital Health & Fitness Guide: From

Continued from Page 7

14455 Wax, Ste. AA, 262-4422

#### Hearing/Hearing Aids

**ACL Hearing & Balance** 11424 Sullivan, Bldg. A Ste. B-2, 927-7011

Ochsner Health Center Audiology, 761-5501

Selective Hearing 4451 Bluebonnet,663-6130

#### **Home Health Care Agencies**

Chase Health Care, Inc. 4910 Monticello, Ste. B Baton Rouge, 274-1444

Global Health Mgt. Systems 6659 Sullivan, 261-0160

Health Care Options, Inc. 6639 Sullivan, 771-1881

Hospice of Baton Rouge 9063 Siegen Lane, Ste. A Baton Rouge, 751-8668

Lane Home Health, An Affiliate of Lane Regional Medical Center 6300 Main St., 658-4150

#### **Hospitals**

Baton Rouge General 3600 Florida Blvd. 8585 Picardy Ave. 765-6565, brgeneral.org

Earl K. Long Medical Center 5825 Airline Hwy. 358-1000, lsuhsc.edu

**Lane Regional Medical Center** 6300 Main St., Zachary 658-4000, LaneRMC.org

**Ochsner Medical Center** 17000 Medical Center Dr.



**CENTRAL STAT CARE** — Dr. Bryan Barrett (center) welcomes Sarah Eisworth (left), FNP-C and Loryn Matthews (right), FNP-C to Central Stat Care located at 11055 Shoe Creek Dr., in the City of Central. Phone 261-4493.

752-2470, ochsner.org/br

#### Our Lady of the Lake **Regional Medical Center**

5000 Hennessy Blvd. 765-6565, oloİrmc.com

Woman's Hospital 9050 Airline, 927-1300

#### Imaging/Radiology

**Central Imaging Center** 11424 Sullivan, 261-7401

#### Massage Therapist

All About U Massage, LLC Sanders, Stephanie LMT

Central, 448-2783

Massage and Yoga, LLC Gill, Heidi LMT, 261-1956 massageandyogaincentral.com

#### **Medical Training**

**Medical Training College** mtcbr.com, 926-5820

#### **Nursing Homes and** Assisted Living Facilities

Oakwood Village Assisted Living & Alzheimer's Community 4400 McHugh, 658-8888

#### **Senior Residences of Central** 11837 Hooper, 261-3070

Williamsburg Senior Living 5445 Government, 929-8917

Zachary Manor 6161 Main St., 654-6893

#### **Optometrists**

**Eyemax Family Optical** 11424 Sullivan, 262-8141

Rogers Regional Eye Center Rogers, Kevin A. OD Williamson, Baron J. MD 18522 Magnolia Bridge Suite 101, 261-6282

#### **Orthodontics**

Harbour Orthodontics Dr. John Harbour 622 Shadows Ln, 923-2060 Greenwell Springs at Sullivan

#### Sherman & Balhoff

Dr. Stephen Sherman

8311 Bluebonnet, 769-1276 14465 Wax, 769-1276 www.shermanbalhoff.com

#### **Orthopaedic**

#### **Baton Rouge Orthopaedic**

Dr. R. David Rabalais Dr. N. Whatley 8080 Bluebonnet, 924-2424 North Point Family Clinic 18901 Greenwell Sprgs, 658-1808

#### **Pharmacy**

#### **Central Drug Store**

13565 Hooper, 261-6200

Walgreen's

6515 Sullivan, 261-5497

Sullivan at Wax, 261-6541

10200 Sullivan, 262-6599

Winn-Dixie

10974 Joor, 261-4530

#### Physical Rehabilitation

Baton Rouge General Baton Rouge, 387-7000

#### **Beaver Creek Health & Rehab** Dr. Rich Roth

32350 LA Hwy. 16, Bldg. C Denham Springs, 664-1456

**Lane Rehabilitation Center** 4601 McHugh, 658-6800

#### **Ochsner Medical Center** 17000 Medical Center Dr.

Baton Rouge, 752-2470

Our Lady of the Lake **Regional Medical Center** 5000 Hennessy Blvd., 765-6565

#### Physical Therapy

**Central Physical Therapy** 13111 Hooper, 261-7094

Health Quest Physical Therapy 12180 Greenwell Sprgs, 275-9293 30500 La. Hwy. 16, 791-7770

#### **Moreau Physical Therapy**

Old Hammond, 275-3177 17301 Jefferson, 751-8512 11424 Sullivan, 261-7021 2335 Church St., 654-8208 Zachary East, 286-0181 www.moreaupt.com

#### Physicians and Surgeons Cardiovascular/Cardiology

Cefalu, Joseph M. MD North Point Family Clinic 18901 Greenwell Springs Central, 769-0933

#### **Cardiovascular Institute** of the South

Thekkoott, Deepak MD Thompson, Charles MD

### Flu Shots Now Available!

We accept all insurances, if not covered or cash customers charge is \$20

No appointment necessary Monday-Friday 9:30 a.m. to 6:30 p.m. No Saturdays

#### Call and ask about the **Shingles Vaccination!**

- Cholesterol Testing
- A1C Testing
  - PT/INR
- Blood Pressure Checks
- Blood Sugar Checks

#### **Home Health Products**

- Walkers
- Wheelchairs
- Bathroom Supplies Diabetic Supplies

For your convenience, an appointment is needed for Cholesterol and A1C Testing

We offer BHRT compounding as well as other drug compounds. We now administer all types of immunizations!



#### Where you're not a number, you're a friend!

Central Business of the Year Two Years Straight! Fast Convenient Service • 13565 Hooper Road

262-6200



## Acupuncture to Hearing to 'Imaging'

Patel, Amit MD Gadi, Satish MD 6110 Main St., Ste. B, 654-1559 www.cardio.com

Louisiana Cardiology Associates Hathorn, Bryan MD 11424 Sullivan, Bldg. A Central, 767-3900

#### **Ochsner Health System**

Gao, Lei MD Velazquez, Salvador MD 11424 Sullivan, Bldg. A Suite B-1, 261-9760

#### **Dermatology**

**Advanced Dermatology** 

Harrington, Laurie MD Record, Ashley MD 20474 Old Scenic, 654-1124

**Louisiana Dermatology** Johnson, Franklin MD

North Point Family Health 18901 Greenwell Sprgs, 927-5663

#### ENT/Otolaryngology

**ENT Medical Center** Boone, Ryan Dr. Hall, Christian Dr. LeBlanc, Charles Dr. Mitchell, Charles Dr. 6110 Main, Ste. D, 658-6220

#### **Family Practice**

#### **Central Stat Care**

Barrett, Bryan MD Romaguera, Michael MD 11055 Shoe Creek, 261-4493

#### **North Point Family Health**

Dean, Herschel B. MD Dean, Kyle MD Reily, Tracey PA-C Jackson, Allison PA-C Browning, Rhonda MSN, APRN, FNP



**LANE BOARD OF COMMISSIONERS** — Lane Regional Medical Center is governed by a nine-member board of commissioners who are appointed by the Metropolitan Council of East Baton Rouge Parish. Members are (1st row, left to right) Vice chair Joan Lansing, Patricia Gauthier, Gaynell Young, and chair Dell Guerra and (2nd row) Mark Thompson, Jimmy Jackson, Frank Ragsdale, Mayor Harold Rideau, and Dr. Keith Elbourne.

18901 Greenwell Springs 924-9985

Sylvest, Ronald D. MD 9985 Greenwell Spgs, 769-6595

**Zachary Family Practice** Amacker, Kemp MD Cossé, Michelle MD Elkins, Reagan MD Thibodeaux, Sunny FNP 2335 Church, Ste. E, 654-3607

#### Gastroenterology

#### **Ochsner Health System**

Howard, George MD 11424 Sullivan, Bldg. A Suite B-1, 261-9760

#### **Internal Medicine**

Internal Medicine & Pediatric Group

Dr. Stephen W. Speeg Dr. Kent M. Rhodes Dr. T'Lane M. Folse Dr. Bradford J. Smith Dr. Brad C. Giarrusso 11424 Sullivan Bldg A., Ste. C, 261-3472

#### **Ochsner Health Center**

Holmes, Keith MD 11424 Sullivan, Bldg. A, Ste. B-1 Central, 261-9760

#### Neurology

#### **Ochsner Health System** Gaddis, Kenneth MD

11424 Sullivan, Bldg. A Suite B-1, 261-9760

#### Obstetrics and Gynecology

#### **Bayou Regional Women's Clinic**

Keith Elbourne, MD Joshua Best, MD Central, 658-1303

#### **Ophthalmology/Optometry**

#### **Eyemax Family Optical** 11424 Sullivan, 262-8141

Rogers Regional Eye Center Rogers, Kevin A. OD Williamson, Baron J. MD 18522 Magnolia Bridge Suite 101, 261-6282

#### **Orthopedic**

#### **Baton Rouge Orthopaedic**

Dr. R. David Rabalais Dr. N. Whatley 8080 Bluebonnet, 924-2424 North Point Family Clinic 18901 Greenwell Sprgs, 658-1808

#### **Pediatrics**

Internal Medicine & Pediatric Group 11424 Sullivan, Bldg. A Ste. C, 261-3472

#### **Podiatrists**

Le, Qui Dr. D.P.M. 11424 Sullivan Rd. Bldg. B Central, 757-8808

#### Diabetes Support Group

Tuesday, Oct. 9 • 6-7 p.m. Lane Regional Medical 6300 Main Street Call 658-4583



Now Accepting Patients at Our New Location:

Old Hammond Hwy. (225) 275-3177

Baton Rouge/Jefferson Hwy: (225) 751-8512 Central: (225) 261-7021 Zachary: (225) 654-8208 Zachary East: (225) 286-0181 GP Port Hudson: (225) 654-1664 Port Barre: (337) 585-3780 Opelouses: (337) 948-4212 Opelousas General Outpatient: (337) 948-2225

www.moreaupt.com



Central: 11424 Sullivan Road (225) 261-8405

Zachary: 1326 Church Street (225) 654-3800

# Don't Get Stuck With Pain!



Moreau Physical Therapy Now Offering Trigger Point Dry Needling

Moreau Physical Therapy Weight **Loss Program** 

an average

A doctor recommended natural and effective weight-loss method with long-lasting results.

Central 11424 Sullivan Rd. Bldg. #C, Ste. A (225) 261-7021

#### Zachary

4845 Main St., Ste. C (225) 286-0181 2335 Church St., Ste. G (225) 654-8208

### New YMCA Announced for City of Zachary

**CENTRAL** — The YMCA of the Capital Area is excited to announce the construction of a new YMCA in Zachary. The 26,000 square-foot facility will reside on 5.25 acres of land at 401 Liberty Way, Zachary, La. This will be the 9th YMCA facility and it will feeting for the state of ity and it will feature a fitness center, aerobics studio, community meeting room, outdoor pool/splash pad, locker rooms, and tennis courts.

The YMCA in Zachary will be the second Y facility to use the New Mar-ket Tax Credit Program in support of its construction. The first project approved to use the tax credits was for the construction of the ExxonMobil YMCA. "We're proud to partner with the YMCA, another national leader committed to strengthening communities, to help bring this project to life," said Matt Philpott, Director of New Markets for U.S. Bank. U.S. Bank has committed \$3.3 million of New Market Tax Credit equity in support of the construction of the Zachary YMCA.

The New Market Tax Credit Program was established by Congress in 2000 to help stimulate economic growth, support job creation, and foster small business growth in un-



Rendering of new YMCA to be built in Zachary

derserved communities across America. In Baton Rouge, the tax credits are a part of the city's Redevelopment Authority, which focuses on the redevelopment of neglected areas of Baton Rouge for future development. As part of the New Market Tax Credits for this project, the Y will hire 60 percent of the facility's workforce from qualifying low-income areas, continuing the initiatives of the Re-

development Authority.
"The Y is excited about the opportunity to expand our programs and services to the Zachary community" said Bob Jacobs, President/CEO of YMCA Baton Rouge, "We want the whole community to get involved and really be a part of this new Y."

Currently, the Y has raised nearly \$166,000 of its \$3.5 million goal. As part of continued fundraising efforts, the Y is encouraging the Zachary community to make a donation to the Capital Campaign to help close the gap! Donations can be made online at ymcababr.org/Zachary. All donations are tax deductible.

This new facility, set to open in 2013, will allow the Y to better serve

the capital area community through youth development, healthy living and social responsibility. The YMCA of the Capital Area currently has over 27,000 members and serves an additional 100,000 people in the community through local Y programs at eight area YMCA locations.

The YMCA is a values-based, physicater building propagate members are propagated as a contract of the second services are propagated as a contract of the second services are propagated as a contract of the second second services are propagated as a contract of the second second second services are second secon

character-building, nonprofit membership organization that plays a vital role in contributing to the community. Jacobs said, "Our values of caring, honesty, respect and responsibility are in everything we do. We plan our high-quality programs around essential elements to help kids grow up car-ing and responsible. Our staff is caring, competent and experienced. Our training includes safety, management

modules, CPR, first aid, and more."
"At the YMCA, young people can develop new skills, increase self-esteem, and make new friends in safe, nurturing environments. Families can build stronger bonds, achieve greater work/life balance, and become more engaged in their communities. People of all ages and abilities can build a healthier spirit, mind, and body."

For more information or to donate today, contact Bob Jacobs at 923 0653 ext: 1101

### Central Physical Therapy Obtains Concussion Health Certification

**CENTRAL** — Central Physical Therapy has announced it is now a Concussion Health certified facility. Using new, state-of-the-art technology, CPT is able to offer patients, coaches, and athletic trainers the "peace of mind" of knowing it's safe to put a player who has suffered a concussion back in the game. Athletes who have been diagnosed with a concussion who return to the field-of-play too soon and suffer another significant blow to the head are at risk for

"second-impact" syndrome, a rare condition that can result in death.

Central Physical Therapy can minimize the risk by utilizing computer-based, neuro-cognitive testing. Evaluations are performed with either the ImPACT® test or Axon Sports Computerized Cognitive Assessment Tool. Both evaluate the mental component of brain function and measure symptoms, verbal and visual memory,

reaction time, and processing speed. CPT adds another step to the pro-

cess by evaluating the motor component of brain function. This phase of testing is done with the Biodex balance System SD. The Biodex is an objective, computerized balance test that measures and records how well the athlete performs on tests that challenge balance with eyes open and closed on a platform that is either solid or moving much like a Wii game.

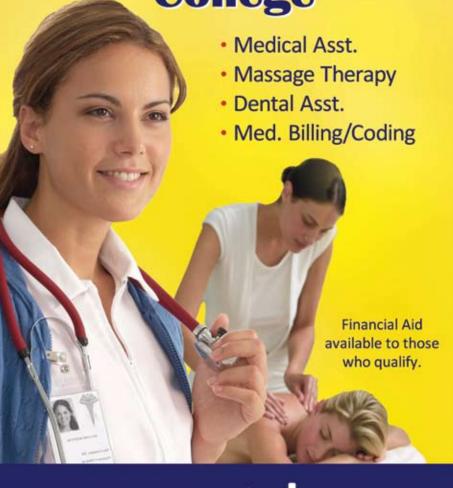
The issue of concussions and comprehensive concussion manageas mounting research links violent collisions with the increasing prevalence of dementia, depression, and other long-term symptoms in former professional football players.

For information or a demonstration of Central Physical Therapy's Concussion Health Certification or its comprehensive concussion management program, contact Richard O'Quinn, PT or Erik Strahan, DPT, ATC at 261-7094. You can also learn ment has gained national attention more at www.concussionhealth.com.



A New Career in Less Than a Year

### **Medical Training** College



926.5820 **mtcbr.com** 

Grad Rates and Debt: http://www.mtcbr.com/ge

### RTHODONTISTS





Invisalign, Ceramic and Metal Braces

CALL TODAY FOR A COMPLIMENTARY **CONSULTATION!** 

225-769-1276

14465 Wax Road, Suite B www.shermanbalhoff.com

### Phil Rainier Joins Central Physical Therapy

### Well-Known TV **Newsman Joins** Staff in Central

**CENTRAL** — Central Physical Therapy has announced the hiring of long-time WAFB medical correspondent Phil Rainier for the position of Director of Marketing and Communications.

CPT owner and president Helen Balzli said, "It's a position we created to help insure CPT grows to meet the needs of one of the fastest growing cities in the state. Phil's experience, expertise, and vision fit well with our new direction as we move into the future here in Central. We believe in the growth and forward thinking direction we see every day in the City of Central. Bringing quality people like Phil on board is another way we are committing ourselves to that vision."

CPT administrator Tom Coplin said, "Phil has been reporting on the latest health trends on TV for more than 20 years. He's been a fixture in the Baton Rouge television scene for 30 years. It's earned him a level of trust and respect we believe is absolutely necessary when talking to people about something as personal as their health and the choices they have for care." According to Balzli, "What Phil brings to the table fits seamlessly into CPT's desire to be the 'people you know with experience you can trust.' You know him and you can trust him.'

Coplin said, "Phil will play a critical role in making sure people in Central know the full range of

services CPT has to offer now and in the future. For instance, CPT is now a certified 'Concussion Health' facility with state-of-the-art comput-

erized tests that can minimize a child's risk of getting back in the game too soon after a concussion. While rare, the result can be potentially deadly "second impact" syndrome. Phil will also be instrumental



Rainier

in publicizing our fall prevention program for seniors, low-level cold laser pain treatments, and any new service Central Physical Therapy adds as it strives to meet the needs of our growing community.

Phil Rainier said, "I couldn't be happier to be joining the Central Physical Therapy team. I grew up in a small town. I understand the close connection Helen and Tom feel to the City of Central. Nobody does physical therapy better than Helen and her hometown team of experienced professionals. honored I was asked to be part of what they're doing here. I can't wait to get started!

Some of Phil Rainier's career accomplishments include winning the Louisiana State Medical Society's coveted "Excellence in Medical Journalism" award on numerous

occasions. In 2011, he added an "Edward R. Murrow" award, one of the highest honors of his profession. He's won a national Scripps-Howard Foundation award for "Excellence in Journalism," while the Associated Press has also honored his superior journalistic efforts. In addition to his duties at WAFB, Phil has been a regular contributor to the nationally syndicated TV program, "America Now" and appeared in news broadcasts at 46 Raycom Media owned TV stations in 18 states.

Phil Rainier's first day on the job at Central Physical Therapy is Monday, Oct. 8. For information, contact Tom Coplin at 261-7094.

### chsner Medical Welcomes 3 New Physicians

**BATON ROUGE** — Ochsner welcomes the following new physicians to the Baton Rouge region.

**Dudley Atkinson, M.D.** joins Ochsner's Urology Department. He graduated from LSU with a degree in petroleum engineering. Afterwards, he joined the U.S. Navy as a submarine officer and retired as Lt. Commander to pursue medicine. While in the Navy, he attend-



**Atkinson** 

ed the Naval Postgraduate School in the Space Systems Engineering curriculum and obtained master's degrees is physics and engineering science. He later graduated from the Tulane University School of Medicine and trained in the LSU/Ochsner Urology Residency in New Orleans where he was chief resident. Dr.

Atkinson's special interests include robotic and laparoscopic surgeries.

Erin Dauterive, M.D. joins Ochsner's Obstetrics and Gynecology Department. Dr. Dauterive re-

ceived her undergraduate degree in general studies at LSU. She then attended Louisiana State University School of Medi-cine in Shreveport, where she received honors for graduating with



**Dauterive** 

the highest GPA. Dr. Dauterive recently completed her residency in the obstetrics and gynecology program with Ochsner Clinic Foundation where she continued to receive honors for her performance. Her interests include adolescent gynecology and minimally invasive surgery.

Alexander Mulamula, M.D.

joins Ochsner's Pulmonary Department. Dr. Mulamula received his master of medicine and general surgery at the University of Nairobi. He then completed his residency in in-

ternal medicine at Providence Hospital in Washington, D.C., where he also served as a critical care technician and chief resident. Dr. Mulamula completed two fellowships Norwalk with



Mulamula Hospital in Connecticut in pulmonary and critical care medicine, and sleep medicine. Dr. Mulamula is board certified in both pulmonary medicine and internal medicine. His special interest include sleep disorders in children.

For appointments or more information, call 761-4200.





compassionate care. advanced technologies. specialized healing.



R. David Rabalais, MD Fellowship Trained Orthopaedic Surgeon Specializing in Sports Medicine and **General Orthopaedics** 

Now seeing patients at

### **North Point Family Clinic**

18901 Greenwell Springs Road

Thursday afternoons beginning at 1 p.m.

Call to Schedule Your Appointment Today

225.658.1808

6550 Main Street, Suite 2300 Zachary, La. 70791



Adam N. Whatley, MD Fellowship Trained Orthopaedic Surgeon Specializing in Sports Medicine and **General Orthopaedics** 

### Moreau Physical Therapy Opens New Clinic on Old Hammond

BATON ROUGE — Moreau Physical Therapy is now open and accepting new patients at 11281 Old Hammond Hwy., Bldg. A. Moreau offers a comprehensive range of physical therapy and wellness services, including: sports injury rehabilitation, pre/post-op rehabilitation, back and neck injuries, orthopedic/manual therapy, neurological rehabilitation, chronic pain management, industrial medicine, aquatic therapy, Graston Technique, Trigger Point Dry Needling (TDN) and wellness programs including preventive care, weight loss and fitness.

Owner Al Moreau said, "We

Owner Al Moreau said, "We strive to stay at the forefront in training and education in evidence based practice to give our patients the best possible outcomes."

the best possible outcomes."

Moreau physical therapy is now offering TDN and currently accepting patients. Dry needling is a treatment for relieving muscular tightness, spasm and pain which commonly follows injuries, degenerative processes, stress and overuse of the muscles. Muscular tightness and spasm can cause compression and irritation of the nerves exiting the spine.

When the nerves are irritated, they cause a protective spasm of all the muscles to which they are connected. This may cause peripheral diagnoses such as carpel tunnel, tendonitis, osteoarthritis, decreased mobility and chronic pain. Small, thin needles are inserted into painful areas of muscles known as trigger points. Skilled movement of the needle elicits relaxation and pain



Moreau Physical Therapy is now offering Trigger Point Dry Needling

relief of the trigger points. Because the needles are so thin, the patient often does not even feel the needle being inserted. The patient typically notices immediate increased flexibility of the muscle and a decrease in symptoms.

Common diagnoses that are treated with dry needling include sports-related muscle strains and spasms, chronic pain, fibromyalgia and headaches. Trigger point dry needling is used in conjunction with other therapeutic interventions to give patients complete physical therapy care and the best outcomes.

The team of therapists at Moreau Physical Therapy has many years experience providing Physical and Occupational therapy services to Baton Rouge and the surrounding communities for over 35 years. Moreau Physical Therapy currently manages 10 locations throughout South Louisiana with concentrations in outpatient, inpatient, and industrial therapy. Moreau Physical Therapy provides outpatient rehabilitation in Baton Rouge, Central, Zachary, Port Barre and Opelousas Louisiana. Moreau Physical Therapy is also contracted to provide therapy services for Louisiana Specialty Institute in Lafayette, Louisiana, Opelousas General Health System, Georgia Pacific Mill in Zachary, Louisiana and Rubicon in Geismer, Louisiana.

For more information, visit: www.moreaupt.com

### New General Surgery Practice Opens at Lane

**ZACHARY** — Lane Regional Medical Center has announced that Dr. Samuel B. Field, General Surgeon, has joined Lane Surgery Group located at 4801

McHugh Road, Suite C, in Zachary.

ary.

He is board certified in General Surgery with more than 12 years of experience, including trauma, laparoscopic



Dr. Field

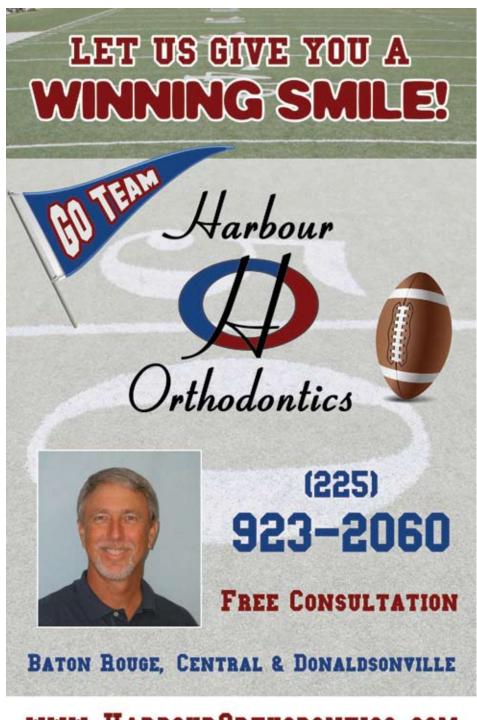
gallbladder, appendix, intestine, and skin lesions.

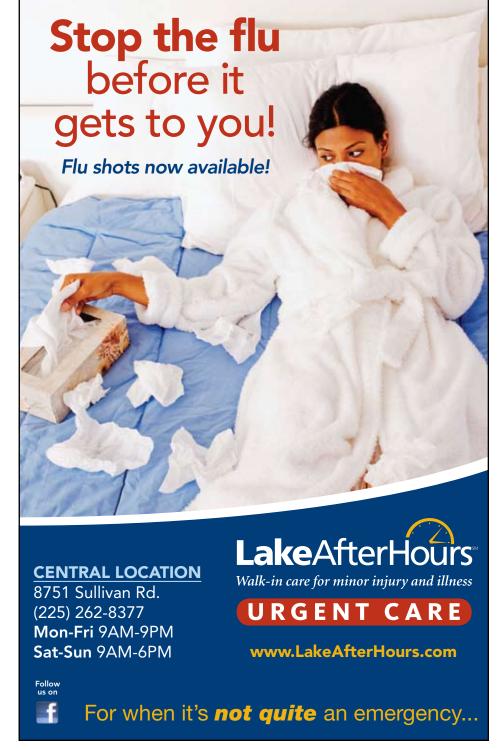
Dr. Field graduated from Millsaps College in Jackson, Miss. and received his Medical Degree from Tulane University Medical School in New Orleans. He completed his General Surgery residency at Scott and White Memorial Hospital, Texas A&M School Medicine in Temple, Texas.

Dr. Field graduated from Episcopal High School, and lives in Baton Rouge with his wife Kelly and their two chil-

To schedule an appointment with Dr. Samuel Field at Lane Surgery Group, please call 225-658-6690.

www.CapitalCityNews.us



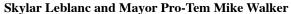


WWW. HARBOUR ORTHODONTICS. COM

### Sen. David Vitter Named "Man of the Year"

# Ronald Reagan Awards Luncheon







Judge Bill Morvant and attorney Cyrus Greco



Sen. David Vitter



Cajun executives Mike Barber, Todd Grigsby, and William Clouatre



 ${\bf Judge\ Toni\ Higginbotham\ and\ Livingston\ GOP\ chairman\ Bob\ Morgan}$ 

# Vitter Contrasts Obama Policies With Republican Plan for Country

BATON ROUGE — The Republican Party of East Baton Rouge Parish honored Sen. David Vitter with the first-ever Ronald Reagan Man of the Year Award last Friday at the City Club. The event, which was packed out, raised money for Republican activities in the parish this fall.

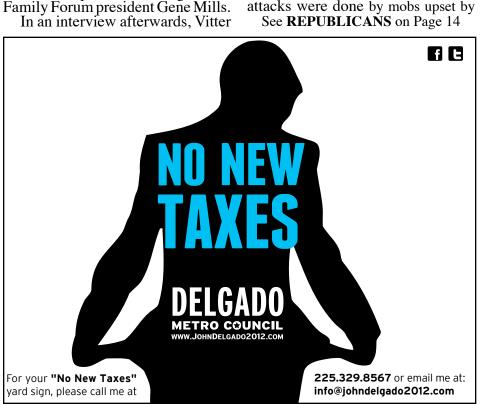
out, raised money for Republican activities in the parish this fall.

The party honored Vitter for his commitment to limited government, individual rights, lower taxes, free enterprise, traditional values, and a strong national defense, according to Richie Edmonds, master of ceremonies. Paying tribute to Vitter were Mayoral candidate Mike Walker, State Rep. Valarie Hodges, and Family Forum president Gene Mills.

was asked to contrast the policies of the Obama administration with his own. Here is that interview:

Libya

Sen. Vitter: The Obama administration's initial reaction to the attacks on the U.S. consulate in Benghazi, Libya was to apologize rather than to root out the terrorists who attacked our Ambassador and diplomats. Recent evidence suggests that Obama knew about security breaches yet chose not to act. The administration also made an attempt to minimize the fact that this was a planned terrorist attack on a U.S. embassy by implying that the attacks were done by mobs upset by







The only candidate to defend our country is the right choice to defend our constitution.

Election Day is November 6 • www.JudgeDukeWelch.com

### Republicans Raise Money for EBR Party







Kenny Weber and Harold Williams

Tracy Smith and Sen. David Vitter

Attorney Alex and Floris St. Amant

#### Continued from Page 13

a YouTube video instead of organized attacks. The recent tragedy in Libya underscores the unfortunate reality that our mission to root out senseless violence from terrorists who oppose American values is not complete. As a member of the Senate Armed Services Committee, I'll remain an advocate for a strong national defense and get answers on what the Obama administration knew about the Libya attackers.

Israel and Iran
Sen. Vitter: The Obama administration has been reluctant to stand shoulder to shoulder with Israel and instead invests more good faith in the United Nations. Supporting the security of Israel, our closest ally in the volatile Middle East, is absolutely crucial. I have also been a strong supporter of stopping

Iran from acquiring nuclear capabilities. Iran is currently the world's largest state sponsor of terrorism.

The current Administration must be held accountable for stopping Iran from becoming a nuclear-armed Iran.

Energy Independence
Sen. Vitter: President Obama wants you to believe that domestic energy production is up. That's false. Meanwhile, the administration continues to oppose expanding domestic energy production on federal lands and the Outer Continental Shelf. They oppose common sense projects like the Keystone XL pipeline which would create jobs. The Obama administration's wrong direction on energy policy is stifling domestic production, causing gas prices to rise. Since the United States is the single most energy-rich country

in the world, we should be increasing domestic energy production and also supporting job creating projects like Keystone. I introduced the leading Republican legislation 3-D: The Domestic Jobs, Domestic Energy, and Deficit Reduction Act, which would create more than two million jobs by unleashing America's vast domestic energy potential.

Illegal Immigration

Sen. Vitter: The Obama administration wants amnesty for illegal immigrants. He's working on doing so by pushing gateway amnesty programs like the DREAM Act and providing immunity to those who are brought into the United States as children. Weak enforcement of our immigration laws allows our immigration system to be taken advantage of. Illegal immigration is a very severe problem and immigration reform should focus on securing our border and enforcing the laws already on the books. We should advance policies giving U.S. border security agents the tools they need to fight illegal immigration, eliminate child tax credit handouts to illegals and enforce laws so that illegals cannot vote in our elections. The Deficit and The National Debt

Sen. Vitter: President Obama talks about the need to tackle our spiraling

debt and deficit while pushing through major debt and spending initiatives like the stimulus and the auto bailouts. I supported measures that cut government spending, cap how much the government can spend overall, and balance the federal budget over time. We're 16 trillion in debt, and none of the president's budgets have been serious about debt reduction.



Republican parish chairman Woody Jenkins and vice chairman Connie Bernard

### REYNERSON'S

Opening Day of Squirrel Season is Oct. 6
Bring your guns in for cleaning and repair

10044 Hooper Road • 261-4860 • www.reynersons.com





CORNERSTONE COMMERCIAL FLOORING. COM

#### Supporting You With Every Step

**Complete Flooring Design Center Installation and Estimating Services** 

Celebrating 10 Years Service to Baton Rouge Businesses

Over 12 Million Square Feet and Counting

**Starnet Worldwide Commercial Flooring Partner** 

225-270-0749

# GOP Better Organized on Eve of Election







Lisa Lizana, Judge Jeff Hughes, Starmount Life Insurance chairman Hans Sternberg, Gatorworks chairman Charlie Davis, and Gail and Jim Lloyd of Cornerstone Flooring





GOP treasurer Dan Richey, Family Forum president Gene Mills, Rep. Valarie Hodges, Women Republican leaders Peggy Vidrine and Jeannene Kogler, and Tony Boudreau of Edward Jones





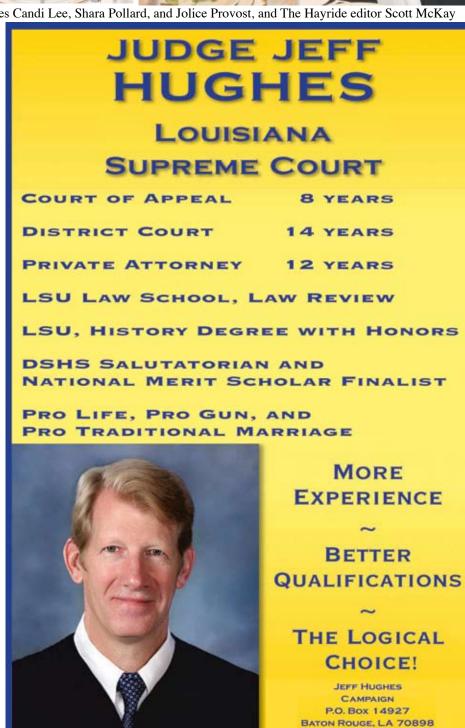


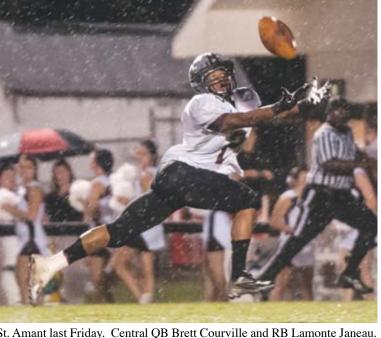


(225) 278-8181 JUDGEJEFF.COM

Francis Jumonville of Vision 21, Lee Mayeaux of Cajun, Capital City News executives Candi Lee, Shara Pollard, and Jolice Provost, and The Hayride editor Scott McKay







CENTRAL FELL TO ST. AMANT 21-12 at a rain-soaked Pit in St. Amant last Friday. Central QB Brett Courville and RB Lamonte Janeau.

#### High School Football In Coverage Area of **Capital City News**

Thursday, Oct. 4 **Capitol at Dunham** 

Friday, Oct. 5 Belaire at St. Michael Plaquemine at Broadmoor Catholic at Woodlawn Central at Zachary **Central Private at Oak Forest** Christian Life at Mt. Hermon **Episcopal at University Lab East Ascension at McKinley** East Feliciana at Parkview **Redemptorist at Northeast** Sarah Reed at Tara

## **IS Tax Next Friday**

**Continued from Page 1** 

owners in other parishes downstream were getting the benefit. The state supreme court ruled that would be a

violation of equal protection.

The court said, "It is alleged that the exemption of these three parishes from the District relieves the taxpayers therein from bearing their fair share of the tax burden assessed for the construction, operation and maintenance of the proposed project, notwithstanding that they, as afore-

said, receive the same benefits as the taxpayers in the other seven parishes. If these facts are correct...the exclusion of the three named parishes does constitute an arbitrary discrimination violative of the equal protection clause of the Federal Constitution."

In his suit, Graugnard says that the Capital Area Transportation System (CATS) serves areas of the parish outside the taxing district. The taxing district is the City of Baton Rouge and the City of Baker.

of Louisiana and Towne Center, but these areas are outside the city limits and therefore pay no property taxes.

Graugnard argues that it is wrong to make property owners inside the city limits pay taxes for services outside the city limits.

The hearing next Friday before Judge Hernandez will deal with exceptions filed relative to the City of Baker. Because the issues in this suit are almost exclusively matters of

CATS serves areas such as Mall law and there are few issues of fact, the case could be a candidate to be decided based on a motion for summary judgment.

Unless the \$18 million a year tax is thrown out, property owners in Baton Rouge and Baker will see

their property tax bills go up Dec. 31. On June 27, CATS announced it would be selling \$3 million in bonds based on that tax. If Graugnard's suit is successful, the validity of that bond issue would be in question.

#### Steve Myers Makes Stand Against Bigger Government

**Continued from Page 3** 

rights can be affected as much locally as at the state or national level."

Another of Myers' pet peeves is what he calls the absurdly archaic and unconstitutional defi-nition of "family" that the Uni-

fied Development Code contains. Myers said, "In addition, I will use whatever 'veto power' and influence available to the mayor's office to stop over reactive laws from being passed in the first place. And I will comb the code of ordinances for intrusive laws and implement

a systemic plan to repeal outdated, antiquated and unnecessary laws and budget items.'

With all the media attention, Myers seems to be gaining traction. Even if his candidacy is a long-shot, he has the potential along with independent candidate Gordon Mese,

to draw away enough white votes from Mayor-President Kip Holden to force Holden into a runoff Dec. 8. If that happens, Holden could be in serious trouble.

### Upcoming Events in Capital City and Nearby

October 8 through 31 Blackwater Pumpkin Patch

The Pumpkin Patch is coming! Blackwater Methodist Church, 10000 Blackwater Rd., is again hosting its incredible Pumpkin Patch with thousands of pumpkins for sale! Profits go to benefit missions. Featured will be games, hay rides, car show, crafts fair, space walk, and more. Bring the whole family. Free! For information, call 261-4646 or visit www.blackwaterumc.org.

Thursday, October 11 **Masquerade at the Mansion** 

7:30 to 11 p.m.
The 14th Annual Old Governor's Mansion Gala's theme this year is "Masquerade at the Mansion" and attendees will celebrate Louisiana's Spanish legacy from 1762-1810. The event will include the lively sounds of Stormy in The Rose Garden, while guests peruse the East Ballroom for the silent auction extravaganza and spe-

cialties, all the while sampling Louisiana and Spanish delicacies from the area's finest caterers and restaurants. Tickets are \$100 per person for Foundation for Historical Louisiana members, \$125 for non-members, and \$50 for those under 35 who are invited to join FHL's junior group, "Inherit Baton Rouge." For tickets, membership, and information, call 387-2464 or go to www.fhl.org.

for 21 to 30 words. \$10 for 11 to 20 words, \$15 for 21 to 30 words. \$20 for 31 to 40 words. \$25 for one column instant for 21 to 30 words. \$20 for 31 to 40 words. \$25 for one column inch classified display ad. Call 261-5055. Must be paid in advance. To pay by credit card, go to www.centralcitynews.us and click "Pay Now" on the left. Then email ad copy to centralcitynews@hotmail.com. Or mail a check and ad copy to Community Press, 910 N. Foster, Baton Rouge, LA 70806.

**DRIVERS** — Busy chemical operation needs drivers! Good pay, benefits, and bonuses. CDL w/X End. and one year T/T exp. Martin Transport. 1-888-567-4973. 10/11/12

FOR SALE — Executive home in Central School District. 4 bedroom, 2.5 bath with salt pool in Bellingrath Lakes. \$317,000. Call 225-361-2727. 10/11/12

### **Area Business Directory**

Advertising

#### **Capital City News**

For information on advertising in the newspaper, call Jolice or Shara at 225-261-5055

Appliance Repair



Mark's **Appliance Repair** 225-261-2270

Service to all major brands **Shop Central First!** 

**Auto Glass** 



Wind Shield Repair & Replacement We Come to You • 225-791-7440 Avon

**Buy or SELL AVON** 

\$10 to Start Independent Sales Rep Call Karen  $225 \hbox{-} 328 \hbox{-} 1188$ 

Carpet Cleaning

#### **BayouSteam**

Carpet, Upholstery,
Tile & Grout Cleaning
Locally owned and operated

**225-955-6955** 

Construction

Central Metal & Aluminum Patio & Carport Covers Metal Buildings & Sun Rooms Karl Cheek, Owner 225-261-6105

#### **Dirt Work**

General Sand & Gravel Co. Limestone, Gravel, Mason Sand, Clay, Top Soil, Riversilt, Crushed Concrete, Tractor Work **7/54** 225-261-6958

Home Maintenance

Lloyd's Home Maintenance and Repair No job too small **225-936-7652** 

**Painting** 



\$47.50 monthly (2 papers per month) \$95 monthly (4 papers per month) Call 225-261-5055

#### **Plumbing**

#LA676

LAFLEUR'S Plumbing

**Full Repair Service** 

Monday - Saturday • Same Rates! Appointment Necessary on Saturday (Make Appointment Before Friday) 261-2751

Tree Service



Business Directory 261-5055