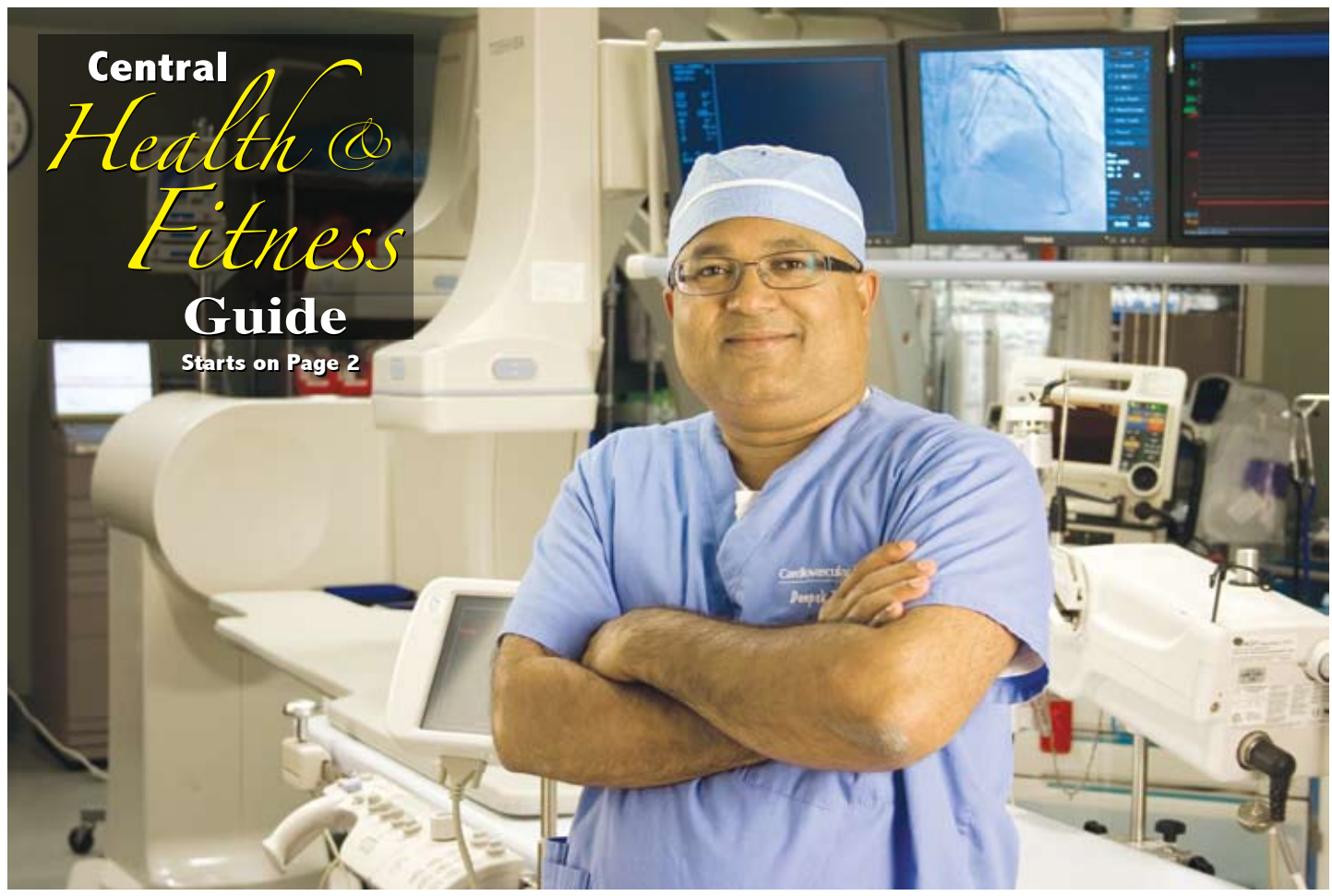




Another Central Youth Lost to Unsafe Roads

Central's Road Crisis



Dr. Deepak Thekkoot of Cardiovascular Institute of the South at Lane Regional Hospital in Zachary

Making Medical History at Lane Regional

CENTRAL — This month Lane Regional Medical Center and Cardiovascular Institute of the South (CIS) celebrated their 5,000th cath lab procedure over a five-year period. Lane and CIS jointly provide the most advanced cardiovascular technologies in the area—and Lane says it is the first and only hospital in the entire nine-parish Baton Rouge region to offer:

- Transradial Heart Catheterizations performed via transradial access through the wrist, instead

See **LANE** on Page 10

Outstanding Young Businessman Dies After Accident on Greenwell Springs

Woody Jenkins
 Editor, Central City News

CENTRAL — A tragic one-car accident on Greenwell Springs Road has claimed the life of well-respected Central businessman 26-year-old Daniel Couvillion. His is another in a long list of fatalities that can be traced to Central's narrow roads, which are known for their lack of shoulders, steep dropoffs, deep ditches, and nearby trees. Couvillion died on Saturday evening, March 31 after his pickup truck veered a few inches off the road. Daniel was on his way home to his wife Sarah and daughter Olivia after visiting with his mother and father, Kellye and Jeff Couvillion. The ambulance arrived at the scene of the accident at 10:15 p.m.

See **CENTRAL** on Page 17

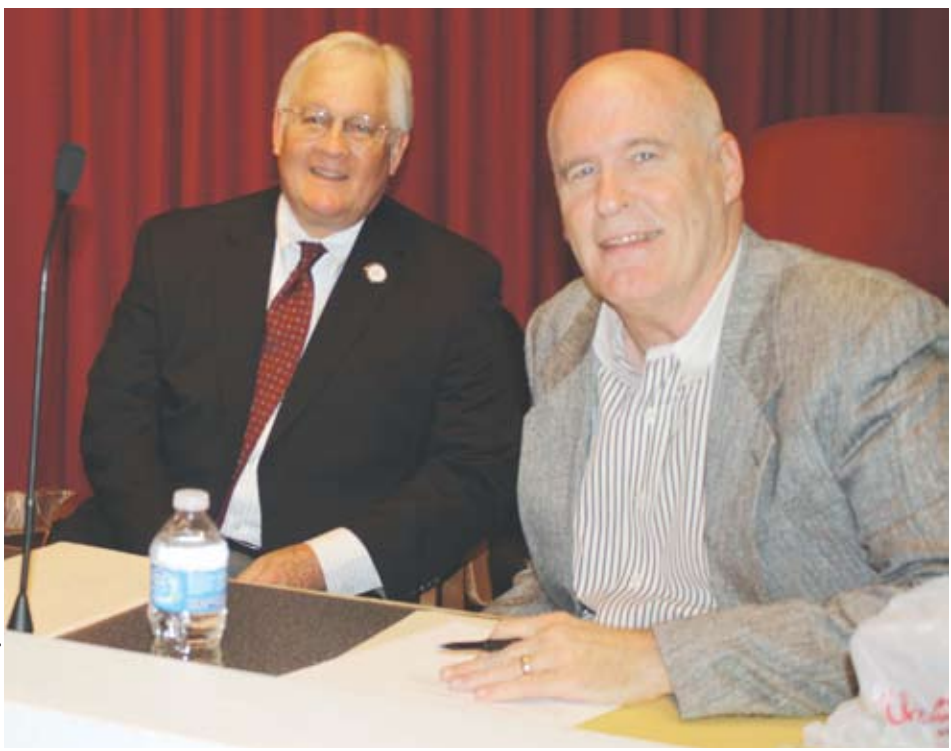


Daniel Couvillion

Santorum Sweeps Central; Caucus Here April 28

Santorum Wins 49% In Primary; Delegates To Be Elected Here On Saturday, April 28 At Kristenwood Meet

CENTRAL — Two weeks ago, Sen. Rick Santorum swept the Presidential Primary in Central and won 49 percent of the vote statewide. But Tuesday, he suspended his Presidential campaign. Nevertheless, Louisiana's delegates to the Republican National Convention have yet to be elected. With Santorum out, conservatives are moving ahead with efforts to elect a Conservative Delegate Slate from Louisiana to the convention. Here in Central, Republicans See **REPUBLICANS** on Page 10



NEW GOP LEADERS — Jr. Shelton (right) has been appointed Republican chairman for the City of Central. Shelton and Judge Darrell White (left) are parish committeemen.

Shelton Wins GOP Party Seat, Named Republican Leader For City of Central

CENTRAL — Local realtor Jr. Shelton was elected to represent Central on the East Baton Rouge Republican Parish Executive Committee last Saturday, defeating incumbent committeeman Billy Thompson. The results were:

Jr. Shelton	1,331	60.2%
Billy Thompson	881	39.8%

Shelton was elected from Metro Council District 4 and earned the highest vote total of any candidate in the parish running from a Metro Council district. Shelton was in turn appointed as Republican chairman for the City of Central by See **EASLEY** on Page 20

Bad Breath? Maybe Bad Heart!

Dr. Ben Record
Record Dental Clinic

CENTRAL — We all worry about having bad breath. But did you know bad breath can be a sign of serious health problems?

Gum or “periodontal” disease is one of the most common diseases in adults and responsible for most of the tooth loss in adults.

Symptoms of gum disease are bad breath, red and swollen gums, bleeding while brushing or flossing and loose teeth. Chances are YOU have some form of gum disease.

More importantly, gum disease itself can be a sign or symptom of heart disease and many other diseases. The correlations between diseases can be complex but in some cases, bacteria that cause gum disease can prolong and even worsen a disease, such as chronic respiratory diseases. Treating one without the other could have potentially fatal outcomes.

Recent research has focused on the impact periodontal disease has on overall health, not just oral health. Understanding this complex interaction between gum disease and systemic conditions such as cardiovascular disease and diabetes mellitus has led to a new way of thinking about the importance of periodontal disease in overall



Gum disease can be a sign or symptom of other serious health problems.

healthy well being.

Periodontal Disease as an Integral Link to Systemic Disease. According to the National Center for Health Statistics, 2009, eight of the Top 10 causes of death have a link to gum disease:

- Heart disease: 599,413

- Cancer: 567,628
- Chronic lower respiratory diseases: 137,353
- Stroke (cerebrovascular diseases): 128,842
- Alzheimer’s disease: 79,003
- Diabetes: 68,705

- Influenza and pneumonia: 53,692
- Nephritis, nephrotic syndrome, and nephrosis: 48,935

The bottom line is that health care practitioners should be alert to the presence of gum disease, because it may be a clue to something much more serious.

By improving overall oral health and management of your gum/periodontal disease, your general health will improve through shared approaches targeting common risk factors:

- Smoking
- Stress
- Nutritional deficiencies
- Medications
- Oral hygiene habits

Types of Periodontal Disease.

Periodontal diseases include two general categories based on whether there is attachment or bone loss: gingivitis and periodontitis. And only a visit to your dentist and hygienist will confirm your diagnosis.

Looking briefly at both diseases:

- **Gingivitis:** Reversible form of the disease; involves inflammation of the gum tissues and no bone loss; and begins in childhood, peaks in early adulthood

- **Periodontitis:** Irreversible (manageable) form of the disease; gum tissues inflamed, recession may be evident; most cases peak in late adulthood; and bone loss can be detected radiographically

Gum disease is caused by a combination of bacteria and host response, and takes a team approach, which includes you, your hygienist, and your dentist to develop the best game plan to minimize the effects. If left untreated, tooth loss will occur and your options for restoring your smile may be limited, in addition to increased complications of your systemic health.

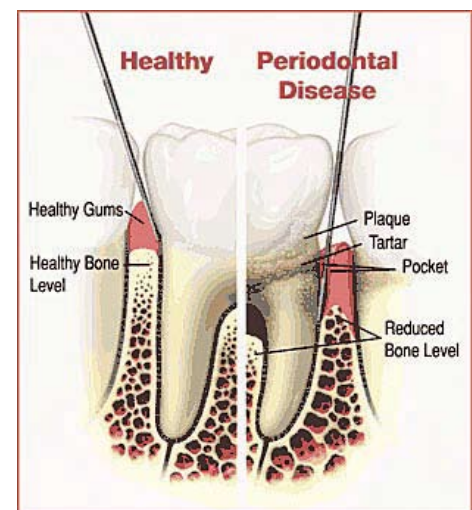
So, if you have heart disease, diabetes, history of strokes or other cardiovascular and pulmonary diseases, your gum disease may be a contributing factor towards worsening events and conversely, your diabetes and heart disease may be contributing to your red, swollen gums which could lead to tooth loss.

★★★

I completed a two-year residency in general practice/hospital dentistry at LSU’s Charity Hospital in New Orleans and served as program director of that residency for a little over six years. One of our primary goals was to serve patients admitted to the hospital for all the medical/surgical specialties and also serve as the dentoalveolar trauma team for the emergency departments. We also served as a referral clinic for acute care for the residencies at Tulane, Children’s Hospital, and many other state-run health clinics. During my tenure, we treated many patients that were severely medically compromised, and it was certain that every patient also had unmet dental needs, many that were complicating their management of admitting diagnoses.

Educating the patient and their primary medical/surgical teams and co-treating the patients improved their outcomes in most cases. Diabetes became more manageable, their diseased heart valves improved, diet, nutrition, sense of well-being improved and most

See GUM on Page 10

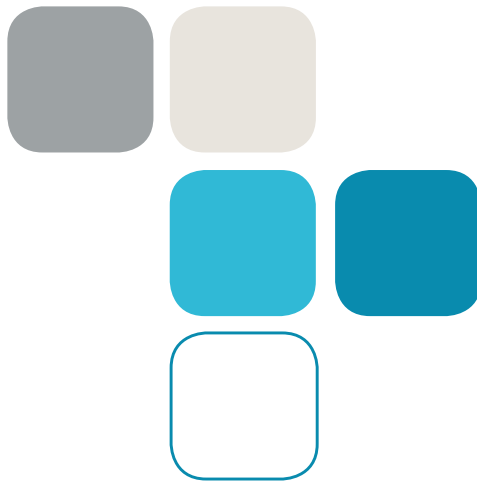


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Central Health & Fitness Guide

Health & Fitness Guide

To update information, notify centralitynews@hotmail.com

Acupuncture

Ashley Johnson
Licensed Acupuncturist
Bon Point Acupuncture and Herbs
4710 McHugh Rd.
Zachary 658-6624

After Hour Clinics

Central STAT Care
11055 Shoe Creek Dr.
Central 261-4493

Lake After Hours
8751 Sullivan Rd. 262-8377

Ambulance

Acadian Ambulance Service
1-500-259-1111
East Baton Rouge EMS
911

Chiropractors

Central Chiropractic Clinic
Butler, Damon Dr.
8755 Sullivan Rd., Ste. A
Central 706-0454

Roth, Dr. Rich
32350 Hwy. 16, Bldg. C
Denham Springs 664-1456

Underwood, Don Dr.
Underwood, Brent Dr.
11851 Coursey Blvd.
Baton Rouge 293-1700

Day Spas

Entourage
17651 Greenwell Springs
Central 261-6790

Central City News
Health & Fitness
GUIDE
Thursday, April 12, 2012

Healthy Lifestyles ...

BODY, MIND, & SPIRIT

Judy's Heavenly Hair & Skin
13933 Greenwell Springs
Central 261-0550

North Point Spa
18901 Greenwell Springs
261-2225 northpointspa.com

The Looking Glass Beauty Lounge
12756 Hooper Road 261-1900

Dentists

Bossier, Gerard J. Dr.
14127 Greenwell Springs
Central 261-0043

Browning, Scott R., DDS
9053 Sullivan Rd. 261-9000

Central Dental Care
Hebert, James H. DDS
Henderson, Jacob F. DDS
11424 Sullivan Rd. 261-6645

Central Oaks Dental Care
Prudhome, David K. DDS
16606 Greenwell Springs
Central 262-4150

Raborn, Timothy R. DDS
10954 Joor Rd. 261-3360

Record, Ben Dr.
15110 Wax Rd. 261-1580

Vaughn, Walter J. DDS
13323 Hooper Rd. 261-8050

Weilbacher, Stephen J. DDS
2321 Drusilla Lane 928-3384

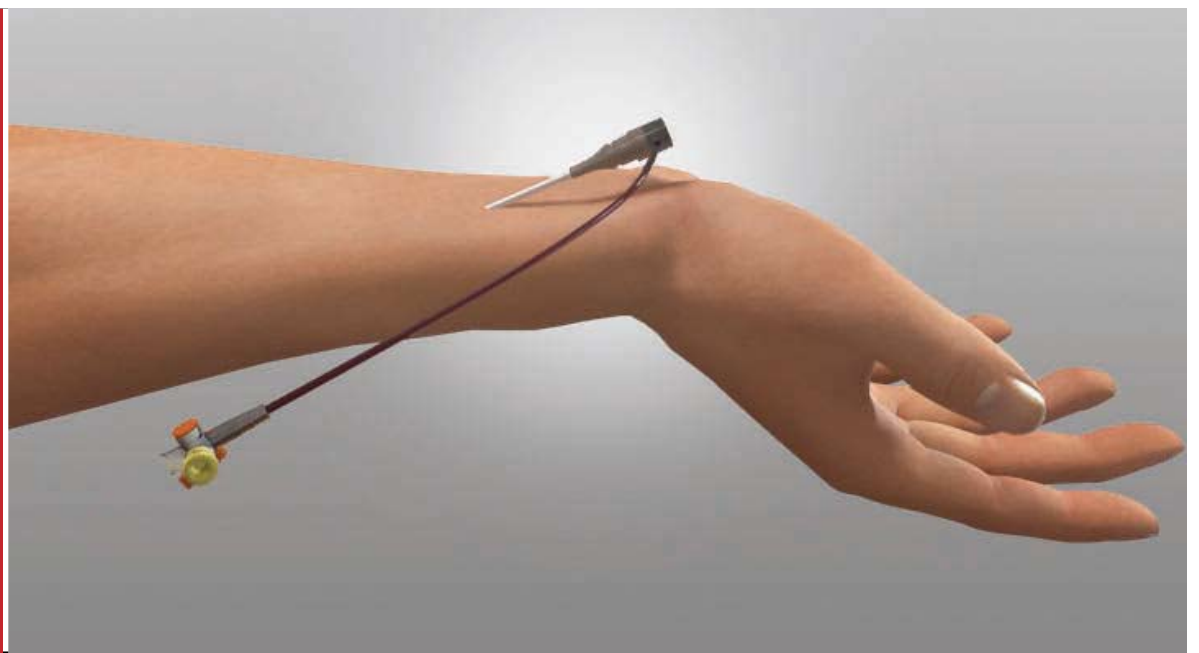
Ear, Nose & Throat

ENT Medical Center
Boone, Ryan Dr.
Hall, Christian Dr.
6110 Main St., Ste. D, Zachary
658-6220

Fitness Centers/Yoga
Aerobics by Roxanne

See CENTRAL on Page 4

Lane Regional Medical Center and Cardiovascular Institute of the South are the only facilities in the East Baton Rouge area to offer cardiac catheterizations using transradial access through the wrist instead of transfemoral access through the groin.



The benefits include:

- Easier access
- Virtually no bleeding complications
- No concern about blood thinner medications
- Greater mobility
- Earlier discharge
- Considerably faster recovery

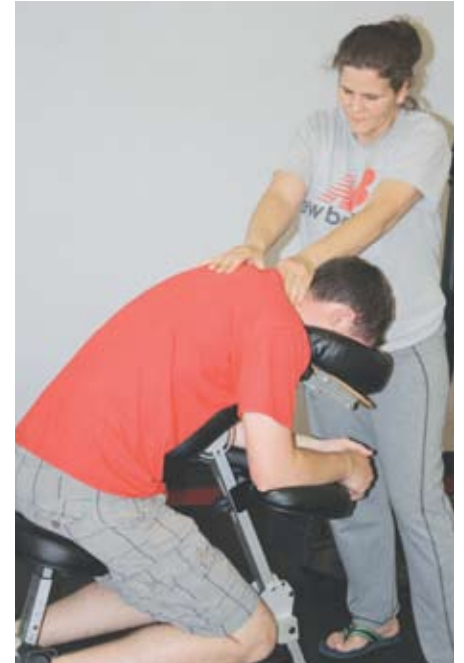
If you are scheduled for a cardiac catheterization, call CIS first to see if you qualify to have your procedure done via transradial access.

 **Lane Cardiovascular Center**

An affiliate of Lane Regional Medical Center
LaneRMC.org

Cardiovascular Institute OF THE SOUTH 

Central Health & Fitness Guide: From



Photos by Jolice Provost

OPEN HOUSE AT SNAP FITNESS — Snap Fitness, located in the Oak Point Shopping Center, held an Open House on Tuesday, March 27. There were free massages, giveaways, food, and drink. On hand for the Open House were members Bruce Prestridge (left) and Michael Cannella (second from left). Masseur Kelly gave a massage to member Alton Pyburn (right photo).

Continued from Page 3

- Central 261-5539
- Anytime Fitness
11231 Lovett Rd. 456-5156
- Central Karate
8879 Sullivan Rd. 261-6326
- Curves of Central**
13579 Hooper Rd. 262-8040
- Langston's Taekwondo
13421 Hooper Rd. 261-5825
- Massage and Yoga, LLC
Gill, Heidi LMT 261-1956
massageandयोगincentral.com
- Perfect Balance Gymnastics
14645 Greenwell Springs
Central 262-4966

- Snap Fitness**
14395 Greenwell Springs
Oak Point Shopping Center
Central 261-5008
- Snap Fitness of Central
18513 Magnolia Bridge Dr.
Central 261-6119
- Spectrum Fitness Clubs
11424 Sullivan Rd.
Central 261-8405
1326 Church St.
Zachary 654-3800
145 Aspen Square
Denham Springs 667-6789
spectrumfitness.com
- X-Treme All-Stars
14645 Greenwell Springs

- Central 262-4966
- Health Food**
Central Smoothie King
Nutritional Lifestyle Centers
14455 Wax Rd., Ste. AA
Central 262-4422
- Hearing/Hearing Aids**
ACL Hearing & Balance
11424 Sullivan Rd.
Bldg. A, Ste. B-2 927-7011
- Home Health Care Agencies**
Chase Health Care, Inc.
Administrator: Jennifer Starns
4910 Monticello Blvd., Ste. B
Baton Rouge 274-1444

- Global Health Mgt. Systems
6659 Sullivan Rd. 261-0160
- Health Care Options, Inc.
Administrator: Maxie McCrary
6639 Sullivan Rd. 771-1881
- Hospice of Baton Rouge
Administrator: Kathryn Grigsby
9063 Siegen Lane, Ste. A
Baton Rouge 751-8668
- Lane Home Health, An Affiliate of
Lane Regional Medical Center
Administrator: Judy Carter
6300 Main St. 658-4150
- Hospitals**
Baton Rouge General
3600 Florida Blvd.



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Acupuncture to Hearing to 'Imaging'



Snap Fitness in the Oak Point Shopping Center. Owners are Leah and Mike Brown (right)

Photos by Jolice Provost

8585 Picardy Ave.
Baton Rouge 765-6565
brgeneral.org

Earl K. Long Medical Center
5825 Airline Hwy.
358-1000 lshusc.edu

Lane Regional Medical Center
6300 Main St., Zachary
658-4000 LaneRMC.org

Ochsner Medical Center
17000 Medical Center Dr.
752-2470 ochsner.org/br

**Our Lady of the Lake
Regional Medical Center**
5000 Hennessy Blvd.
765-6565 ololrnc.com

Woman's Hospital
9050 Airline Hwy. 927-1300

Imaging/Radiology

Central Imaging Center
11424 Sullivan Rd. 261-7401

Massage Therapist

All About U Massage, LLC
Sanders, Stephanie LMT
Central 448-2783

Massage and Yoga, LLC
Gill, Heidi LMT 261-1956

massageandyogaincentral.com

Medical Training

Medical Training College
926-5820 mtcbr.com

**Nursing Homes and
Assisted Living Facilities**

Oakwood Village Assisted Living
& Alzheimer's Community
4400 McHugh Rd. 658-8888

Senior Residences of Central
11837 Hooper Rd. 261-3070

Williamsburg Senior
Living Community
5445 Government St.
Baton Rouge 929-8917

Zachary Manor
6161 Main St.
Zachary 654-6893

Optometrists

Eyemax Family Optical
11424 Sullivan Rd. 262-8141

Rogers Regional Eye Center
Rogers, Kevin A. OD
Williamson, Baron J. MD
18522 Magnolia Bridge Rd.
Suite 101, Central 261-6282

Orthodontics

Harbour Orthodontics
Dr. John Harbour
Greenwell Springs Rd.
at Sullivan 923-2060

Sherman & Balhoff
Dr. Stephen Sherman
Dr. David Balhoff
14465 Wax Rd. 769-1276
www.shermanbalhoff.com

Orthopaedic

Baton Rouge Orthopaedic
Dr. R. David Rabalais
Dr. N. Whatley
North Point Family Clinic
18901 Greenwell Springs
Central 658-1808

Pharmacy

Central Drug Store
13565 Hooper Rd. 261-6200

Walgreen's
6515 Sullivan Rd. 261-5497

CVS
Sullivan at Wax 261-6541

**Physical Rehabilitation
Centers**

Baton Rouge General

Baton Rouge 387-7000

Beaver Creek Health & Rehab
Dr. Rich Roth
32350 LA Hwy. 16, Bldg. C
Denham Springs 664-1456

Lane Rehabilitation Center
4601 McHugh Rd. 658-6800

Ochsner Medical Center
17000 Medical Center Dr.
Baton Rouge 752-2470

**Our Lady of the Lake
Regional Medical Center**
5000 Hennessy Blvd.
Baton Rouge 765-6565

Physical Therapy

Central Physical Therapy
13111 Hooper Rd. 261-7094

Health Quest Physical Therapy
12180 Greenwell Springs
Baton Rouge 275-9293
30500 La. Hwy. 16 791-7770

Moreau Physical Therapy
17301 Jefferson Hwy 751-8512
11424 Sullivan Rd. 261-7021
2335 Church St. 654-8208
www.moreaupt.com

Physicians and Surgeons

Cardiovascular/Cardiology

Cefalu, Joseph M. MD
18901 Greenwell Springs
Central 769-0933

**Cardiovascular Institute
of the South**
Dr. Deepak Thekkoott
Dr. Charles Thompson
Dr. Amit Patel
Dr. Satish Gadi
6110 Main St., Ste. B 654-1559
www.cardio.com

Louisiana Cardiology Associates
Dr. Bryan Hathorn
11424 Sullivan Rd., Bldg. A
Central 767-3900

Ochsner Health System
11424 Sullivan Rd.
Bldg. A, Suite B-1 261-9760

See CENTRAL on Page 7

Reaching Central... and the World with Social Media



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centralcitynews.net
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Editor & Publisher
Business Manager
Graphic Artist
Business Specialists



Woody Jenkins
Candi Lee
Terrie Palmer
Shara Pollard, Jolice Provost

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Country Living in the City

State of Emergency on Greenwell Springs Rd.

Health and Fitness? Greenwell Springs Rd. Is Greatest Threat to Health of Our Children

Woody Jenkins
Editor, Central City News

tiquated roads. Amazingly, every death has been of a young person with his entire life ahead of him.



Woody Jenkins

Major roads in Central — Greenwell Springs, Sullivan, Wax, Hooper, and Denham — have one thing in common: They are all death traps.

They are all 1) narrow, 2) with no shoulders, 3) steep dropoffs, and 4) deep ditches. Some of them like Greenwell Springs Road also have trees near the roadway.

It can be said that every fatal accident has been the result of driver

error to one degree or the other. But it can also be said that roads have to be built in such a way as to accommodate some minor driver error.

These roads fail that test. These roads are completely unforgiving. The slightest driver error seems to result in a fatality.

So many of the commuters passing through Central speed through without the slightest knowledge of how dangerous our roads are. Yet, they are seldom the victims.

Ironically, Central residents are almost always the ones killed.

Now is the time for action on this extreme road crisis.

The Louisiana Legislature is in session, and the governor is in the state and at the mansion.

Greenwell Springs Road is a STATE highway. The governor and our legislators should be taking strong and immediate action to correct the problems with this road.

What can be done? It's really pretty simple: Put drain pipes where there are now ditches, cover them, and build shoulders on each side of the road.

More than anything else, we need shoulders on our roads — like any road should be expected to have. Shoulders provide an escape route and an accommodation for minor driving errors.

We should be sending delegations to the State Capital and demanding IMMEDIATE ACTION to improve not just Greenwell Springs Road, but also Sullivan Road, Wax Road, Hooper Road, and Denham, all of which are either state or parish roads.

Warning barricades should be installed on Greenwell Springs Road, beginning at Sullivan with flashing lights.

Large illuminated signs showing

4 CENTRAL CITY NEWS Thursday, December 1, 2011

Tyler Kyzar Killed on Denham Road Last Tuesday Young Man Dies in Tragic Accident



Tyler Kyzar, 19, was killed in a two-car pileup on Denham Road last Tuesday. He was driving a 2008 Ford Focus. The other car was a 2007 Ford Focus. The driver of the other car was not injured.

Kelsey Laid to Rest



Kelsey's funeral service was held at the Central Baptist Church in Central on Monday. She was buried in the family plot at the Central Baptist Church cemetery.

Narrow Deathtrap Claims Another Heartbreak Highway

Sept. 9 Crash on Greenwell Springs Road

Livingston Man Arrested in Death of Phillip Abington Was Allegedly Going 90

James Watts III, 31, held on charge of vehicular homicide. The victim was Phillip Abington, 21, who was killed in a head-on collision with Watts on Greenwell Springs Road on Sept. 9. Watts was allegedly going 90 mph at the time of the crash.

Tori Mayo Survives Crash With One Amazing Injury

Tori Mayo, 19, was involved in a head-on collision with a car on Greenwell Springs Road on Sept. 9. She was miraculously uninjured, despite the severity of the crash.

Accident on Wax Road Claims Innocent Victim

Emily Simmers, Age 10, Passed Away After Truck Hit Car at High School

Emily Simmers, 10, was killed in a head-on collision with a truck on Wax Road on Sept. 9. She was driving a car with her mother. The truck was traveling in the same direction as the car.

NOTICE OF OPPORTUNITY FOR PUBLIC COMMENT ON PROPOSED SETTLEMENT AGREEMENT BETWEEN THE LOUISIANA DEPARTMENT OF ENVIRONMENTAL QUALITY AND COPART OF LOUISIANA, INC.

The Louisiana Department of Environmental Quality and Copart Of Louisiana, Inc., Agency Interest Number 101566, have entered into a proposed settlement agreement, Settlement Tracking No. SA-AE-12-0002, concerning the State's allegations of environmental violations by Respondent at its facility in East Baton Rouge Parish, Louisiana, which allegations are set forth in Consolidated Compliance Order & Notice of Potential Penalty, LDEQ Enforcement Number AE-CN-07-0144.

The Department of Environmental Quality will accept comments on the proposed settlement for the next forty-five (45) days. The public is invited and encouraged to submit written comments to the Louisiana Department of Environmental Quality, Office of the Secretary, Legal Affairs Division, Post Office Box 4302, Baton Rouge, Louisiana 70821-4302, Attention: Ted R. Broyles, II, Attorney. All comments will be considered by the Department of Environmental Quality in reaching a decision on whether to make the settlement final.

Terms and conditions of the proposed settlement agreement may be reviewed on the Department of Environmental Quality's website at www.deq.louisiana.gov, by selecting Divisions, Enforcement, and Settlement Agreements. The document may also be viewed at, and copies obtained from, the Louisiana Department of Environmental Quality, Public Records Center, Room 127, Galvez Building, 602 North Fifth Street, Baton Rouge, Louisiana 70802. To request a copy of the proposed settlement, submit a completed Public Record Request Form (DEQ Form FSD-0005-01). The form and instructions for completions may be found on the DEQ Website at the following address: <http://www.deq.state.la.us/pubRecords/default.htm>, or by calling the Customer Service Center at 1-866-896-5337.

Pursuant to La. R.S. 30:2050.7(D) the Department of Environmental Quality may hold a public hearing regarding this proposed settlement when either of the following conditions are met: 1) a written request for public hearing has been filed by twenty-five (25) persons, by a government subdivision or agency, or by an association having not less than twenty-five (25) members who reside in the parish in which the facility is located; or 2) the secretary finds a significant degree of public interest in this settlement.

For further information, you may call the Legal Division of the Louisiana Department of Environmental Quality at (225) 219-3985.

Central City News' 2012 Publication Schedule

January 2012 - July 2012 - 2nd and 4th Thursday of each month Deadline: 5 p.m. Thursday seven days before publication			
August 2012 - December 2012 - Every Thursday from August 9, 2012 through December 20, 2012 Deadline: 5 p.m. Friday the week before publication			
Thursday, April 12	Health and Fitness Guide	Thursday, Aug. 9	Back-to-School Edition
Thursday, April 26	Festival of Two Rivers	Thursday, Sept. 6	Central Football Preview
Thursday, May 10	Graduation Edition	Thursday, Sept. 20	Hard Hat Edition
Thursday, May 24	Professional Services	Thursday, Oct. 4	Health & Fitness Guide
Thursday, June 14	Hard Hat Edition	Tuesday, Nov. 20	Christmas Gift Guide
Thursday, June 28	Central Home Edition	Thursday, Nov. 29	Central Christmas Parade
Thursday, July 12	Health and Fitness Guide		

Central Health & Fitness Guide

Continued from Page 5

Vascular Lab
Emory, Chris
18901 Greenwell Springs
819-8299

Dermatology
Louisiana Dermatology
Johnson, Franklin MD
18901 Greenwell Springs Rd.
927-5663

Family Practice
North Point Family Health
Dean, Herschel B. MD
Dean, Kyle MD
Reily, Tracey PA-C
Jackson, Allison PA-C
Browning, Rhonda MSN,
APRN, FNP
18901 Greenwell Springs Rd.
924-9985

CENTRAL EGG HUNT — Ochsner Health Center—Central held its first Doc Hop Egg Hunt with the local pediatricians. Children and their parents hunted eggs throughout the clinic's grounds and enjoyed snacks and raffle of prizes and treats. Area children with local pediatricians Lois Gesn, M.D. and Alicia Kober, M.D.



Gastroenterology
Ochsner Health System
11424 Sullivan Rd.
Bldg. A, Suite B-1 261-9760

Internal Medicine
Internal Medicine & Pediatric Group
Dr. Stephen W. Speeg
Dr. Kent M. Rhodes
Dr. T'Lane M. Folse
Dr. Bradford J. Smith
Dr. Brad C. Giarrusso
11424 Sullivan Rd.
Bldg A., Ste. C 261-3472

Ochsner Health Center
Dr. Keith Holmes
Dr. Sal Velazquez
Dr. Kenneth Gaddis
11424 Sullivan, Bldg. A, Ste. B-1
Central 261-9760

Orthopedic
Baton Rouge Orthopedic
Rabalais, Robert D. MD
Whatley, Adam MD
18901 Greenwell Springs Rd.
Central 658-1808

Pediatrics
Internal Medicine

& Pediatric Group
11424 Sullivan Rd.
Bldg A., Ste. C 261-3472

Podiatrists
Le, Qui Dr. D.P.M.
11424 Sullivan Rd. Bldg. B
Central 757-8808

To update information, notify
centralcitynews@hotmail.com



Neurology
Ochsner Health System
11424 Sullivan Rd.
Bldg. A, Suite B-1 261-9760

Obstetrics and Gynecology
Bayou Regional Women's Clinic
Keith Elbourne, MD
Joshua Best, MD
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Ophthalmology
Eyemax Family Optical
11424 Sullivan Rd. 262-8141

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Austin Peavy, New Pharmacist at Central Drug Store

CENTRAL — Austin Peavy, a 1999 graduate of Central High, has become the newest pharmacist at Central Drug Store.

Austin comes on board as an honor graduate of LSU and Xavier University College of Pharmacy. His three years of compounding pharmacy experience along with immunization certification make him a valuable addition.

He has been doing relief work once a month at the drug store for over a year and finally made the jump to full time at the beginning of March.

Austin said he is “extremely excited about working here. The personalized service the drugstore offers is what makes it so unique. It is one main reason families of Central, including mine, have been coming here for so many years. I’ve been coming in here my whole life and even had the opportunity to finish my pharmacy school internship under the supervision of Claud Derbes and Mike Anding, two people I consider my professional mentors.”

Austin resides in Central with his wife Emily and looks forward to filling your pharmaceutical needs. Claud Derbes said, “Stop in and welcome Austin to his new position.”

Austin Peavy’s Honors

Most Likely to Succeed, *cum laude* graduate, Central High

B.S. in biological sciences, LSU; Xavier University College of Pharmacy Academic Achievement Scholarship Award, 2008; highest cumulative points total P3 year; Dean’s List, 2005-2009; *summa cum laude* 4.0 graduate; RHO CHI 2007 College of Pharmacy Award for Excellence 2009; Merck and Co. Award 2009. Austin’s wife Emily graduated from LSU with degree in secondary education; finished student teaching at Central High School. They have been married for three years



Austin Peavy of Central Drug Store

In-Pharmacy Lipid Profile Test

CENTRAL — Central Drug Store is now offering an In-Pharmacy Lipid Profile Test. This easy blood test will check your Total Cholesterol, HDL Cholesterol, Triglycerides, non-HDL Cholesterol, LDL Cholesterol, and calculate your TC/HDL Ratio.

This is a fasting blood test. So you must not eat for 12 hours prior to testing.

The cost of the test is \$20. They are not able to bill any type of insurance at this time!

Cholesterol Testing will be done Monday through Friday, starting at 9 a.m. Appointments are not required, but are preferred. For information or to set up a time for the test, call 262-6200.

In-Pharmacy A1C Test for Diabetics, Non-Diabetics

Central Drug Store is now offering an In-Pharmacy A1C Test. This easy test will check your blood glucose control level over the past two to three months. You do not have to be a diabetic to utilize this test!

The cost of the test is \$18. They are not able to bill any type of insurance at this time!

A1C Testing will be done Monday through Friday, starting at 9 a.m. Appointments are not required, but are preferred. For information or to set up a time for the test, call 262-6200.

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Appointments are not required, but they are preferred

We are unable to bill insurance at this time but each test is under \$20.

Call for more information.

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www.CentralDrugBR.com/CCN

Lane Earns Respiratory Care Recognition

CENTRAL — Lane Regional Medical Center has earned Quality Respiratory Care Recognition (QRCR) under a national program aimed at helping patients and families make informed decisions about the quality of the respiratory care services in hospitals.

This is the 6th straight year Lane Regional has earned the prestigious award. Only 700 hospitals in the U.S. (approximately 15 percent) apply for and receive this award each year. Hospitals earning the QRCR designation ensure patient safety by agreeing to adhere to a strict set of criteria governing their respiratory care services.

To qualify for recognition, Lane Regional provided documentation showing it meets the following conditions:

- All respiratory therapists employed by the hospital to deliver bedside respiratory care services are either legally recognized by the state as competent to provide re-



QUALITY RESPIRATORY CARE RECOGNITION — Lane Regional Medical Center has earned Quality Respiratory Care Recognition under a national program aimed at helping patients and families make informed decisions about the quality of the respiratory care services in hospitals. Pictured are (left to right) Mike Hlavac, Clay Olson, Jim McGowan, and Jeanesa Jackson.

spiratory care services or hold the CRT or RRT credential.

- Respiratory therapists are available 24 hours.

- Other personnel qualified to perform specific respiratory procedures and the amount of supervision required for personnel to

carry out specific procedures must be designated in writing.

- A doctor of medicine or osteopathy is designated as medical director of respiratory care services.

• Hospital policy prohibits the routine delivery of medicated aerosol treatments utilizing small volume nebulizers, metered dose inhalers, or intermittent positive pressure treatments to multiple patients simultaneously. Circumstances under which this practice is permitted is defined by policy.

- Use a process that periodically compares performance of your respiratory department on efficiency and quality metrics with similar departments for the purpose of identifying an achieving best practice.

“I am very proud of our respiratory therapists for providing the exceptional care this award reflects,” said Mike Hlavac, RRT, director of Lane Rehab Services.

Respiratory care therapists are specially trained health care professionals who work under physician’s orders to provide a wide range of breathing treatments and other services to people with asthma, chronic obstructive pulmonary disease, cystic fibrosis, lung cancer, AIDS, and other lung or lung-related conditions. They also care for premature infants and are key members of lifesaving response teams.

The QRCR program was started in 2003 by the American Association for Respiratory Care, a membership organization representing more than 50,000 respiratory therapists nationwide.

Dr. F. Gregory Harris Joins Lane Staff

ZACHARY — Lane Regional Medical Center is pleased to announce that F. Gregory Harris, M.D., has joined the hospital medical staff as Medical Director for Lane Behavioral Health Services in Baker.

A native of Baton Rouge, Dr. Harris earned



Dr. Harris

his medical degree from Meharry Medical College in Nashville. He completed an internship in family medicine at the University of Texas Southwestern in Dallas and his residency in general psychiatry at the Alton Ochsner Medical Foundation in New Orleans where he received the Outstanding Service Award.

Dr. Harris has been practicing in the Baton Rouge area since 1989 in both inpatient and outpatient settings. His psychiatric expertise

includes general adult, child, and adolescent, dual diagnosis, and geriatric. He is a member of the National Medical Association, American Psychiatric Association, and Louisiana Psychiatric Medical Association. He is currently providing consultation and medication management at the Southern University Counseling Center.

To schedule a confidential assessment at Lane Behavioral Health Services, please call 658-6652.

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For more information on health plans covered at CIS, please call 1.800.525.8777.

Lane Provides Life-Saving Firsts Nearby

Continued from Page 1

of transfemoral access through the groin. Benefits of the transradial cath include easier access, virtually no bleeding complications, no concern about blood thinner medications, greater mobility, earlier discharge, and considerably faster recovery.

CIS Interventional Cardiologist Dr. Deepak Thekkoott is one of only three physicians in the state and the only physician in the entire region to use the specialized transradial technique. Less than five percent of heart catheterizations in the United States are currently performed utilizing this technique.

Impella — the world's smallest



Dr. Deepak Thekkoott of Cardiovascular Institute of the South

heart pump — relieves the heart's pumping function and provides the time needed to initiate life-saving interventions. Used in the most dire circumstances, the device is inserted into the femoral artery and pumps up to 2.5 liters of blood

from the left ventricle into the ascending aorta, providing the heart with active support.

Lane says Lane and CIS were the first in the region to provide:

- Orbital devices, such as the Diamondback 360, to remove arterial blockages
- Ultrasound-assisted CROSS-ER catheter to enable angioplasty in extreme cases of peripheral vascular disease
- The Supera stent to treat long lesions with low radiation exposure
- The Volcano pressure wire to measure blood pressure within the arteries
- The Turbohawk calcium re-

moval system

Once again Dr. Thekkoott is the first and only cardiologist in the region to receive certification in Endovascular Medicine from the American Board of Vascular Medicine. He is also board certified in internal medicine, cardiovascular disease, interventional cardiology, nuclear cardiology, echocardiography and cardiovascular computed tomography.

To schedule an appointment with Dr. Deepak Thekkoott, Dr. Charles Thompson, Dr. Amit Patel or Dr. Satish Gadi, call 225-654-1559. The Cardiovascular Institute of the South clinic is located in Zachary at 6550 Main Street, Suite 1000.

Republicans Will Vote for Delegate April 28 at Kristenwood

Continued from Page 1

will elect state delegates from 8:30 a.m. to 12 noon on Saturday, April 28. All Republicans in the parish who reside north of Florida Boulevard will vote at Kristenwood. Those south of Florida Boulevard will vote at Jefferson Baptist Church on Jefferson Highway.

Right now, the main opposition is coming from the Ron Paul Slate.

As of yesterday, Romney had not filed a slate of candidates.

A total of 25 delegates will be elected from the 6th Congressio-

nal District. The Conservative Delegate Slate will include some names that are well known in Central, including former Livingston

Parish president Mike Grimmer, Rep. Valarie Hodges, former Rep. Tony Perkins, Jr. Shelton, and Justice Provost.

Gum Disease Can Be a Symptom of Serious Problem

Continued from Page 2

times treatment of their dental disease (gum and cavities) prevented bigger problems long term. We worked with cancer specialists to address pre-head and neck radiation or pre-chemotherapy; assisted orthopedics prior to joint replacements; cardiac surgeons before heart valve replacements; and medicine specialists initiating bisphosphonate therapy to name a few; but those are the extreme instances. It is much closer to home when you realize that diabetes, hypertension (high blood

pressure), coronary artery disease, Alzheimer's, and chronic lung infections can be related to, complicated by and/or unmanageable due to gum disease. Seeing this daily, we stressed to the medical/dental residents that every tooth is connected to a heart...a lung...a kidney...a brain! Most importantly, we encouraged all specialties not to be too focused on "their area" and realize that "your disease your responsible for" MAY be connected to the mouth...and ours to an entire body.

Most physicians and dentists know there are correlations and connections.

So I hoped to share my experiences with the public so they can ask questions of their health care providers.


At Record Dental Center, we strive to be your "mouth doctor" and not just a "tooth doctor"...and sometimes that means we need to listen to your heart. Thank you.

(Drawing by American Academy of Periodontology)


References: Genco, Robert, Williams, Ray. *Periodontal Health and Overall Health: A Clinician's Guide*. Yardley, Pa. Professional Audience Communications, Inc. 2010

**Republican Caucus
Delegate Selection by
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9:30 a.m. to 12 noon
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Milestones

Births • Engagements • Weddings • Deaths
Anniversaries • Reunions

MASSEY, STEVENS

Cody Massey and Jamie Stevens will marry Saturday, April 21 at Desert Plantation in St. Francisville.

TORINA, LEE

Blake Torina and Erica Lee are proud to announce their engagement and upcoming wedding.

Cody Massey and Jamie Stevens To Wed April 21 in St. Francisville



Cody Massey and Jamie Stevens

ST. FRANCISVILLE — Cody Massey of Vicksburg, Miss. will marry Jamie Stevens of Baton Rouge in a 6:30 p.m. ceremony April 21,

2012, at Desert Plantation in St. Francisville.

The bride-elect is the daughter of Ken and Deana Stevens of Baton Rouge. She is the granddaughter of the late Mr. and Mrs. Clyde C. Stevens of Baton Rouge and the late Mr. and Mrs. James L. Roberts of Baton Rouge.

Jamie is a graduate of Central Private School and Acadiana School of Cosmetology in Lafayette. She is a cosmetologist at Beau Ideal Salon in Central.

Her fiancé is the son of Stephanie and Steve Rabalais of Greenwell Springs and Virgil and Angie Massey of Vicksburg, Miss. He is the grandson of Richard and Nancy Freeman of Meadville, Miss. and James Myers and the late Linda Myers of Vicksburg, Miss.

Cody is a graduate of Warren Central High School in Vicksburg, Miss. and served in the United States Navy. He is a diesel mechanic for Bayou Transportation in Baton Rouge.



Blake Torina and Erica Lee

Blake Torina, Erica Lee Announce Engagement and Upcoming Wedding

CENTRAL — Mr. and Mrs. Roy Noble of Central announce the engagement of their granddaughter, Erica "Cali" Lee to Blake Torina, both of Central.

Family and friends from California and Louisiana were present to celebrate the event March 18, 2012, at the home of Carl Torina of Central.

The couple plan to tie the knot on March 16, 2013. Congratulations!

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Obituaries

Barry Reed "BR" Smith

Barry Reed "BR or Buck" Smith passed away on Thursday, March 29, 2012, at OLOL. He was 65, a native of Central and a resident of Pride. BR was preceded in death by his parents, the Rev. Teddy Smith and Billy C. Smith, and his daughter Anna Smith Saucier.

He is survived by his long-time love, Susan; his daughters and sons-in-law, Kandyce and Brian Cowart, Randall Saucier, Aimee and Austin Berthelot, and Emily and Schott Cheatham; and grandchildren, Benjamin Saucier and Anna Hebert, Hannah and Hayden Cowart, Andon and Allie Berthelot, and Lillian and Sophie Cheatham.

BR graduated from Olla High School and attended Louisiana State University. He served proudly in the U.S. Air Force. He

retired from ExxonMobil Chemical after 31 years of service. He loved country music, bass fishing, deer hunting, car races, motorcycle rides, but most importantly taking care of his family. He has enjoyed every minute of his retirement. He will be dearly missed by all who loved and knew him. BR was known for his big generous heart and his love of life. He continues this legacy by leaving his remains to medical research.

Relatives and friends are invited to attend a visitation on Friday, April 13, 2012, from 4 p.m. until the memorial service at 6 p.m. at Blackwater United Methodist Church. In lieu of flowers donation can be made to Blackwater United Methodist Church or The Way Church of Denham Springs. Charlet Funeral Home is in charge of arrangements.

MILESTONES. Send stories and photos to centralitynews@hotmail.com or drop them off at 13567 Hooper (next door to Central Drugs)


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7th Annual Cookin' in Central Again

Photos by Woody Jenkins



Councilman Wayne Messina; Gene and Donna Hebert with their granddaughter, and Charles, Sarah, and Alicen Lieux and Caleb Harris



Fr. Mike Moroney and Deacon Robert Kusch and his wife Carla



Johnny and Cam Pomares with their granddaughter



4th Annual Festival of Two Rivers

April 27 • 5 p.m. to 11 p.m.
April 28 • 11 a.m. to 10 p.m.
April 29 • 11 a.m. to 5 p.m.

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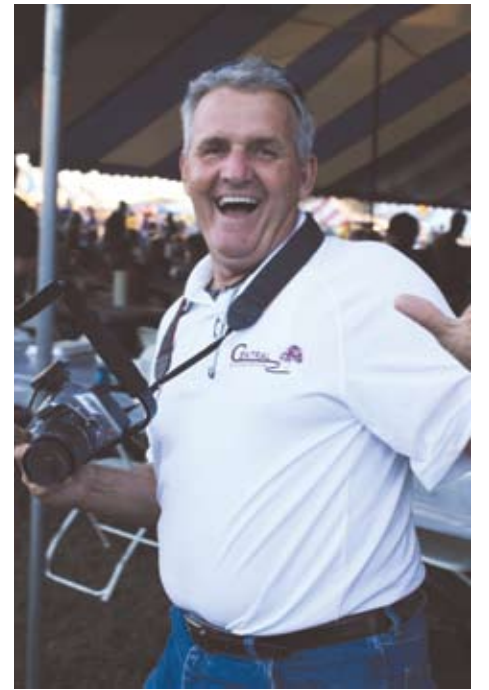
Photos by Woody Jenkins



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Central Never Gets Enough Crawfish



Andrew Perry of Louisiana Press



Charlie and Stacey Lancaster of Lancaster House



Francis Hall and Stephanie Rabalais



Tina Mancuso of Carbon Copy; enjoying crawfish; Lydia and David Reynerson with Layni Reynerson, Morgan Gilpin, Addiella and Miriam Reynerson; and Les Bueche

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Crawfish Boil at Cookin' in Central
 With Thanks to Volunteers Who Made It All Possible
 Friday, March 24, 2012 • Photos by Woody Jenkins

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Dan Garvin, JCN Financial & Tax Advisory Group, LLC
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Central Relay for Life Set for Saturday

CENTRAL — Events coming up in and around Central:

**Now through July
Jr. Wildcats Athletics**

The Central High School strength and conditioning staff is now offering group training sessions for the young athletes, ages nine through 8th grade, of Central. There are four sessions. Each session is \$100. For information, contact Coach Gardner at mgardner@centralcss.org.

**April 12, 19, and 26
Scale Down Sessions
11:30 a.m. and 7 p.m.**

Get started today with Scale Down, an HMR program for weight management at Lane Regional Medical Center. Registration is required and space is limited. For information or to register, call 658-4463.

Thursday, April 12

Spring 2012 Art Show • 6 to 9 p.m.

Lewy Physical Therapy is sponsoring a Spring 2012 Art Show at 8448 Siegen Lane, between I-10 and Perkins Road. Featuring art by Carol Arabie, Bryan Federico, Ted Mayeau, Danni Shobe, Adrianna Speer, Maria Boudreaux, Laure Williamson, Daniel Strickland, Cindy Rome, and many others. Join for an evening of art, food, and fun benefitting Dreams Come True of Louisiana. There will be a chefs' showcase, live and silent auctions, art sale, and fun events. For questions, raffle ticket purchases, or to make a donation, call 937-2636.

Saturday, April 14

Relay for Life

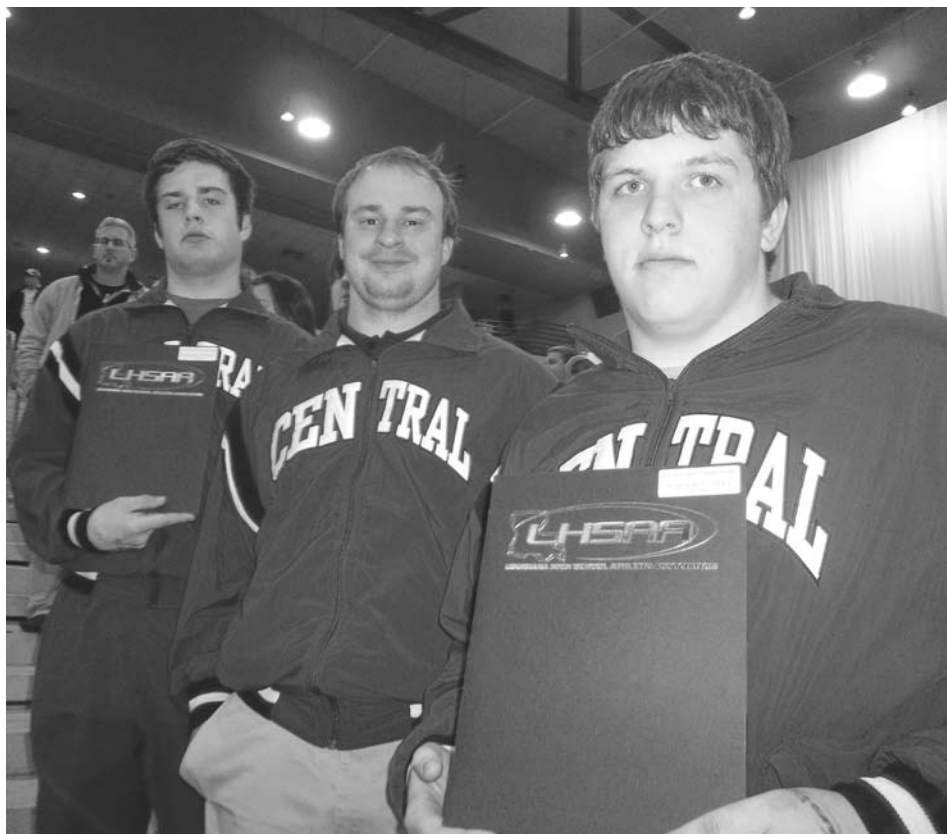
12 noon to 12 midnight

Relay for Life will be held in the parking lot at Zoar Baptist Church, 11848 Hooper Road. For information, call Tommie Morton at 939-6096.

Saturday, April 14

Salon Concert • 2 to 4 p.m.

Dr. Russ and Nancy Westfall and Jim and Gail Lloyd invite you to an afternoon concert featuring Dr.



STATE WRESTLING CHAMPIONSHIP — Two Central High students placed at the State Wrestling Championship held at the Pontchartrain Center. Connor Raiford, junior, placed 5th in the 195-pound class. Wesley Lee, junior, placed 5th in the 285-pound class. Pictured are (left to right) Connor Raiford, Coach Stafford, and Wesley Lee.

Jee-Yeoun Ko on cello and Chia-Hsing Lin on piano, Saturday, April 14 from 2 to 4 p.m. at the Westfalls' home, 15711 Four Oaks Dr. off Denham Rd. in Central. All proceeds support the Blackwater United Methodist Church Choir's trip to perform at Lincoln Center New York this summer. Tickets are \$15 per person. Adults and youth over 10 are encouraged to attend this event. RSVP to salonconcertforbwmchoir@gmail.com is required. Refreshments served after the concert. Space is limited and this event will sell out, so RSVP today!

April 14, 21, and 28

Church Services • 5 p.m.

Good Shepherd Lutheran Church of Baton Rouge will hold services at the Hampton Inn on Rushing Road in Denham Springs during April.

Tuesday, April 17

Summer Activities Expo • 7 p.m.

Parents and grandparents — last chance to sign your child up for summer fun! The Central Community Alliance will sponsor an expo for groups providing activities for school age children and youth. Included are area church functions, summer camps, Parish library activities, and team sports opportunities. This will take place in the DEMCO meeting room, 16262 Wax Road. Each activity group will present an overview of their activities and allow parents and children to visit displays, acquire information, and register for their event. Visit www.centralcommunityalliance.org for details or contact Harry Rauls at hrauls@cox.net with "Summer fun in Central" in the subject line.

Tuesday, April 17

Central Bloomers • 7 p.m.

The Central Bloomers Garden Club will present William Roundtree, landscape architect. Roundtree will present a free and information packed program on the topic of "Louisiana Landscape" at the Greenwell Springs Library, 11300 Greenwell Springs. Refreshments will be provided by members of the garden club.

Saturday, April 21

Spring Gala 2012 • 5 to 9:30 p.m.

St. Pius X Catholic Church, corner of Mickens and Hooper roads, will have its Spring Gala in the Activity Center Gym. There will be a silent auction, country store, and bingo from 5 to 6:15 p.m. Pork loin dinners will be served at 6:30 p.m. followed by dancing and music provided by Clay Boudreaux. Dinner tickets are \$10. There will be a \$1,000 and \$10,000 raffle drawings. Tickets are \$1 for the \$1,000 raffle and \$100 for the \$10,000 raffle and includes two dinner tickets.

Saturday, April 21

Men's Prayer Breakfast • 8 a.m.

Life Church Central, 10523 Lovett Road, will have a Men's Prayer Breakfast. For information, call 261-5309.

Sunday, April 22

Ignite Service

Life Church Central, 10523 Lovett Road, will have an Ignite Service. Come Ignite your life! For information, call 261-5309.

Tuesday, April 24

Free Prenatal Class • 6:30 p.m.

Lane Regional Medical Center will offer a free prenatal class in the staff development classroom. Partners are encouraged to attend. Child care is not provided. Registration is required. For information or to register, call 654-5263.

April 27, 28, and 29

Festival of Two Rivers

St. Alphonsus Parish Community would like to welcome you to the 4th Annual Festival of Two Rivers Friday, April 27, 5 to 11 p.m.; Saturday, April 28, 11 a.m. to 10 p.m., and Sunday, April 29, 11 a.m. to 5 p.m. Games, rides, food, local Central talent, live bands, and much more! Unlimited Festival ride passports now available in the church or school office. For information call 261-4650 or visit www.st-alphonsus.net.

Friday, April 27

Movie Night • 7 p.m.

Life Church Central, 10523 Lovett Road, will have Movie Night. For information, call 261-5309.



PAMELA THUSWALDNER received the Gordon College, Wenham, Mass., Academic Service Award for distinguished teaching and service. Thuswaldner is an adjunct professor of German in the Department of Languages and Linguistics, serves as Gordon's program director for Fulbright Scholarships and teaches courses at the Salzburg Institute in German and Cross Cultural Studies. Thuswaldner is a graduate of Central High School and is the daughter of Gil and Patricia Parker of Greenwell Springs.

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Central City News
PUBLIC HEARING ON BATON ROUGE LOOP AT CENTRAL CITY COUNCIL MEETING TONIGHT. Central residents should be at Kristenwood by 5 p.m. today, Tuesday, Jan. 10, to attend the Central City Council meeting.

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DEMCO Essay Contest Winners Named

CENTRAL — Local high school students Rachel Crowell from Central High School, Natalie Dupuy, Kaila Kelly, and Derek Wooden from Zachary High School each won an all-expense paid trip to Washington, D.C. in June. They were the four winners in the DEMCO 2012 Rural Electric Youth Tour Essay Contest.

The contest is an annual event that this year included essay entries from over 300 students throughout DEMCO's seven-parish service area. Each participant wrote an original essay on one of two topics: "I can save energy by..." or "I can make a positive impact on my community by..."

The four winners were selected March 13 during a banquet honoring the 12 finalists, their families, teachers, and school principals. The banquet was held at John Folse's White Oak Plantation in Baton Rouge while the Zachary High School Jazz Ensemble provided musical entertainment.

The other eight finalists included the following area students: Trey Bonaventure, Tucker Campbell, Allie DeLaney, Gracie Dugas, Anne Gunther, Andrew Lewis, Nikki Orso, and Blaine Rutland.

Featured speaker and LSU soccer superstar Mo Isom praised the students for their excellent presentations and commended DEMCO for providing this opportunity to area youth. Isom encouraged the students to stay strong in their faith and in their own abilities.

Each finalist was judged on the



DEMCO ESSAY CONTEST BANQUET — Attending a banquet for the DEMCO Rural Electric Youth Tour were (1st row, left to right) Blaine Rutland, Gracie Dugas, Natalie Dupuy, Nikki Orso, Allie DeLaney, and Rachel Crowell, and (2nd row) Tucker Campbell, Andrew Lewis, Anne Gunther, Mo Isom, Kaila Kelly, Trey Bonaventure, and Derek Wooden.

oral presentation of his or her essay. The finalists also completed a short test on their knowledge of DEMCO and rural electrification.

John Vranic, DEMCO CEO and general manager was in attendance to assist in honoring all of the finalists alongside Mo Isom. "DEMCO is proud to sponsor such an outstanding community project that invests in the youth of our service area," Vranic commented.

DEMCO's four Youth Tour winners will join 24 other Louisiana students to embark on a weeklong trip to Washington, D.C., in mid-June. While in Washington, D.C., the Louisiana Youth Tour participants will visit the U.S. Senate, U.S. House of

Representatives, Supreme Court, National Archives, Arlington Cemetery, and many other historic buildings and landmarks. They will also join about 1,300 other Youth Tour participants from around the nation to learn more about electric cooperatives.

2012 marks the 34th year DEMCO has sponsored students in the Youth Tour program. The purpose of the Youth Tour program is to provide outstanding youth with an insight into how their national government operates.

Stanford 10 EOG Testing Dates Set

BATON ROUGE — Classical Conversations is offering Stanford 10 EOG testing for homeschoolers at the following locations:

- Florida Blvd. Baptist Church, 10915 Florida Blvd., Baton Rouge — May 7, 8, and 10
- Mission Church of Christ,

2300 Church Street, Zachary — May 14 through 16

• Grace Life Fellowship Church, 10051 Siegen Lane, Baton Rouge — Dates to be determined for June

For information or register, visit cctestingservices.com.

Lost & Found

No charge for listing one week. Call 261-5055.

FOUND — Black and brown dog, medium size. Northwoods Subdivision. Call 225-953-1668.

FOUND — Diabetic testing kit in the parking lot of Sullivan Hardware on Feb. 22. Please call to identify 225-261-5055.

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The campus is composed of approximately 37,000 square feet of facilities on 15 acres of land.

The facilities are composed of:

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- Library – 1,500 sq.ft.
- Pre-School Building – 3,000 sq.ft.
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Central Community Suffers Tragic Loss



The late Daniel Couvillion

Continued from Page 1

just minutes after a neighbor who had heard the wreck called 911.

Few young men in Central had more promise than Daniel Couvillion, who had already established himself as a leading member of the business community. With his parents, sisters Hope Johnson and Claire Couvillion, and brother-in-law Michael Johnson, Daniel developed numerous local commercial and residential projects, including Central Square, Gates of Burlington, and Burlington Lakes, just in the past year.

More than 1,000 mourners visited the Couvillion family at St. Alphonsus Catholic Church or at Greenoaks Cemetery.

His sister Hope described Daniel as a typical boy, a Boy Scout who loved the outdoors. He followed his father Jeff everywhere.

Even as a child, Daniel loved to wear a hard hat, and growing up in his parents' business in construction and development was as natural as could be, Hope said. "He definitely knew what

he wanted to do in life," she said.

The family, including cousins, loved to go to the Gulf coast and spend weekends at their camp at Cocodrie. From Thursday night to Monday morning, they would live together and enjoy the Louisiana coast with activities such as spear fishing and scuba diving. "You will not find a closer family nor one with better memories of our time together," Hope said.

Daniel has been described by friends and family as easy-going, a peacemaker, a steady hand.

"As a brother, he was very protective of us," Hope said. She laughed and said, "He always made friends with our dates!"

Daniel and his brother-in-law Michael Johnson were like brothers and worked closely together in the family business.

Daniel was very close to his mother and father.

He married his high school sweetheart Sarah. They graduated from Central High together in 2004. "She was perfect for him," Hope said. Both Daniel and Sarah graduated from LSU in 2008. He finished in construction industry management, and she graduated in early childhood education. She taught 1st grade at Bellingrath Hills Elementary but has stayed home since the birth of their daughter Olivia, who is 19 months.

Hope said, "From the moment he found out he was going to be a father, he got himself prepared both physically and mentally. When I found out Daniel was going to be a father, I politely laughed because Daniel was really just a 20-something-year-old kid himself. But he quickly proved himself to be the most caring, loving father you could imagine. He constantly worried about that little girl as she began to crawl, then walk, then run. Being a father was natural to him. My sister, Claire, once asked the question 'What's the hardest adjustment to



Sarah, Olivia, and Daniel Couvillion

becoming a parent?' He so quickly and simply replied that it was actually the easiest thing he had ever done."

At the wake, the Couvillion family was reminded of how many people loved Daniel and the family. They heard many recount fond memories of their relationship with Daniel.

Hope said that it was amazing how many people said they had lost loved ones on the roads of Central, several in the same spot where Daniel was killed. "You could write a book on the tragedies that have occurred here," Hope said.

"We don't know why it had to be him. Daniel was very laid back and never drove fast," she said.

How can the family cope with such a tragedy? "This is very hard for us.

It will be very rough. We have to rely on our core beliefs. We believe very strongly, and our family is a strong unit. I don't know when we will see Daniel again, but we will!"

Daniel is survived by his wife Sarah, his daughter Olivia, his mother and father, Kellye and Jeff Couvillion; two sisters, Claire Couvillion and Hope Johnson and husband Michael; his mother-in-law and father-in-law Jeanette and Dean Carrier; maternal grandparents retired Judge Eugene and Merrelle McGehee; paternal grandparents Warren and Hannah Couvillion, and numerous other family members.

Mass of Christian burial was at St. Alphonsus with burial at Greenoaks. Please visit www.greenoaksfunerals.com to leave condolences for the family.

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Thank You!



Thank you very much for electing me to serve as your member of the East Baton Rouge Republican Parish Executive Committee. Our parish is in deep trouble today with high crime, poor public schools, and a growing tax rate.

Central is founded on conservative, Republican principles, and it is my hope that our party and our city can provide a great example for the rest of the parish. We will be establishing the City of Central Republican Municipal Executive Committee to strengthen the work of the party in Central. Please join with us in this effort! Visit Capital Republican on Facebook.

Jr. Shelton
Metro Council District 4
EBR Republican Parish Executive Committee

Central Spring Sports Roundup



CENTRAL ACES COACHES PITCH (left photo) baseball team went undefeated to win the CAYL Pre-Season Tournament. Pictured are (1st row, left to right) Kadence Daigle, Lathan Seal, Price Myers, Damian Witty, Connor Nijoka, and Tyler Dantin, (2nd row) Devan DeFreitas, Grayson Wendt, Luie Canezaro, Brayden Stevens, and DJ Primeaux, and (3rd row) coaches Hunter Daigle, Derek Myers, and Rodney Nijoka. **THE CENTRAL HOOKS** (right photo) won the 9-10 year old CAYL Pre-Season Tournament. Pictured are (1st row, left to right) Sammy Smiley, Jacob Fontenot, Cody Dupree, Kaleb Smith, and Reed Ensminger, (2nd row) Joey Duhon, Braxton Shows, Andrew Myrick, Joshua Miletello, Dailyn Seal, and Davis Covington, and (3rd row) coaches Mitch Covington, Jarrod Duhon, Shane Smith, Barry Ensminger, and Jason Shows.



CAYL DIVISION B TEE BALL CHAMPS — The Central Mustangs went undefeated to win the CAYL Division B Pre-Season Tee Ball Tournament. Pictured are (1st row, left to right) Liam Foster, Mason Lasseigne, Kaden Barnes, Casey McCoy, and Dallas Ruth, (2nd row) Clayton Kimball, Ryan Mizell, Kyle Veal, Bentley Barnes, and Evan Broussard, and (3rd row) coaches Wade Broussard, Craig Lasseigne, Ben Cole, and Brad Broussard.

CAYL PRE-SEASON TEE BALL CHAMPS — The Central Bulldogs went undefeated to win the CAYL Pre-Season Tee Ball Tournament. Pictured are (1st row, left to right) Jacob Leblanc, Kade Furr, Dawson Glover, Brayden Brown, Cole Guidroz, and Jackson Holley, (2nd row) Jackson Firmin, Brody Artieta, Alex Giles, Ty Shaffer, Trip Dobson, Andrew Richard, and Garrett Rabalais, and (3rd row) coaches Joey Giles, Eric Rabalais, Brian Richard, Nick Guidroz, and Clint Artieta.

Salon Concert Saturday 2 to 4

CENTRAL — Dr. Russ and Nancy Westfall and Jim and Gail Lloyd are hosting an afternoon concert as

a fundraiser for Blackwater Methodist Choir's summer performance at Lincoln Center in New York. This will be a good opportunity for the community to see the type of Salon Concerts that the Central Education Foundation for the Arts will present.

The concert will feature Dr. Jee-Yeoun Ko on cello and Chia-Hsing Lin on piano, Saturday, April 14 from 2 to 4 p.m. at the Westfalls' home, 15711 Four Oaks Drive off Denham Rd in Central. All proceeds support Blackwater Methodist trip to New York.



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Central Baseball Comes Back After Slow 4-5A Start

CENTRAL — It wasn't the ideal start that Coach Forbes and the Central High School Wildcat baseball team had hoped for opening up district play, but you could tell that this team was about to put all of the pieces together.

District play opened up last Tuesday with a tough matchup against the No. 2-ranked Zachary Broncos. The Wildcats had a phenomenal pitching performance from Mason Gautreaux who threw a complete game one-hitter. Unfortunately, that was not enough as the Zachary starter threw a complete game shut-out to give the Broncos a 1-0 victory.

On Thursday, Central traveled to Walker and again came up just short in a 2-1 loss to Walker. John Fralick got the lone RBI on a ground ball that plated Cole Edgens.

Early in the district season is not the most ideal time to be forced into a virtual must-win game, but that is what the Wildcats faced when they traveled to Denham Springs on Tuesday. Central responded by giving one of their best performances of the season. They scored four runs in the first two innings on RBI's by Micah Jones, Dylan Cormier, Cole Edgens, and Thomas Eddlemon. The Wildcats then blew the game open in the sixth on a two-out, two-RBI triple by Brett Courville. Mason Gautreaux pitched six innings and gave up one earned run on seven hits. Central won 7-4.

The Wildcats play at Live Oak Saturday, and Tuesday at home against Zachary.

— Josh Walker

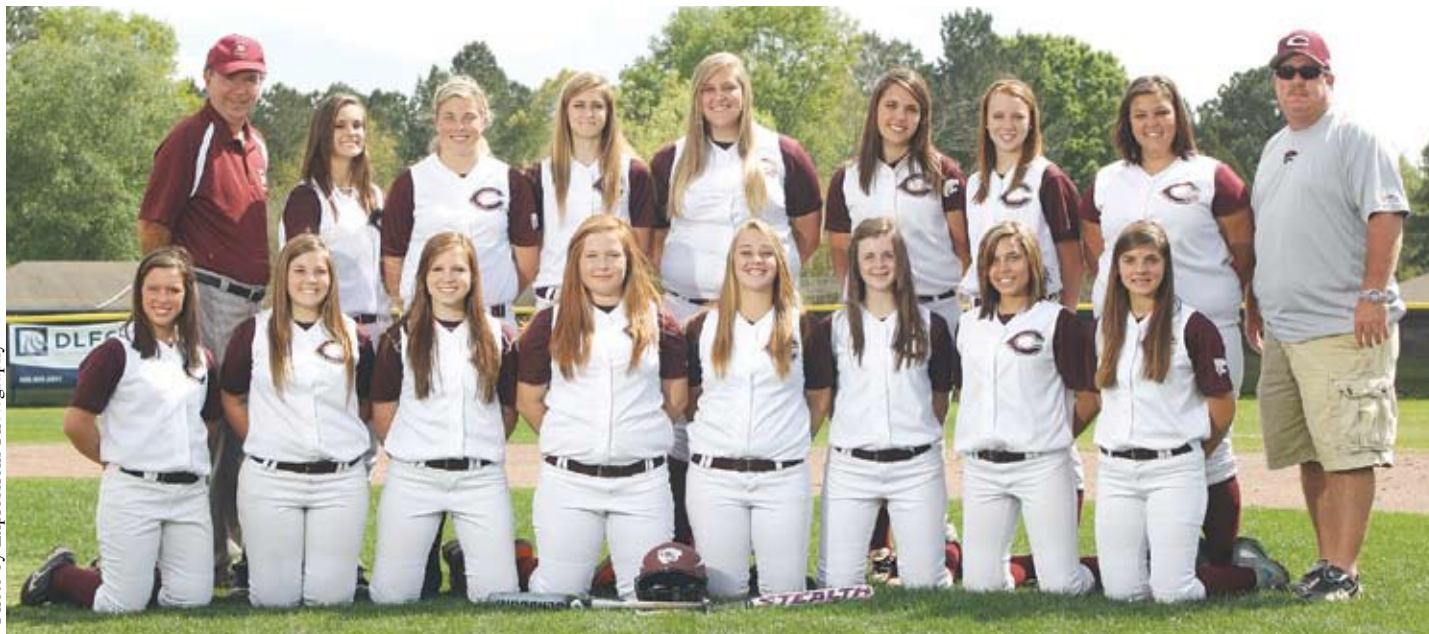


Photo by Expressions Photography

CENTRAL HIGH 2012 SOFTBALL — Lady Wildcats are (1st row, left to right) Morgan Larsen, Katelyn Starns, Kaylee Dinot, Morgan Smith, Katie Flowers, Kaleigh Barnett, Chelsea David, and Brittany Johnson, and (2nd row) Coach Don Henry, Rachel Dinger, Madison Devall, Kaitlyn Picou, Alexis Wascom, Brittney McCarty, Maranda Schmidt, Kaylan Hunt, and Coach Len Devall.

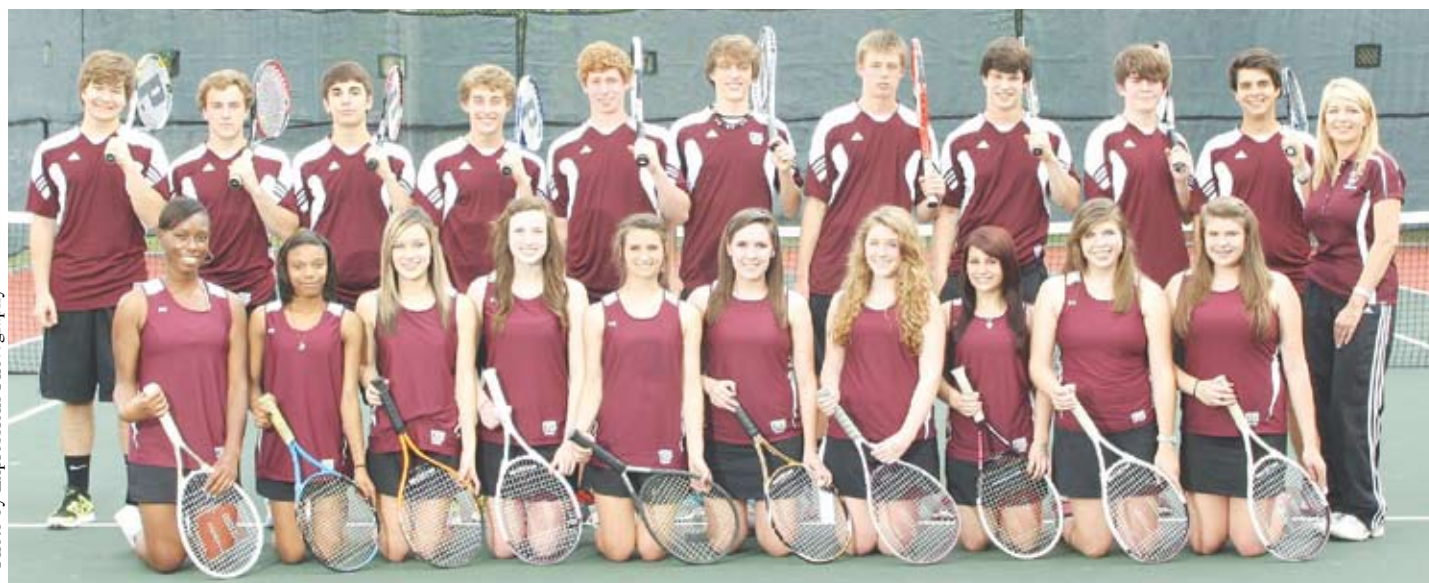


Photo by Expressions Photography

CENTRAL HIGH 2012 TENNIS — Members are (1st row, left to right) Victoria Vicks, Aaliyah Augustus, Cherith Brunley, Alyssa Rushing, Tamara Shows, Brittany Olinde, Jessica Hooper, Darian Madere, Morgan Durr, and Madison Durr, and (2nd row) Drew Wallace, Joseph Sommers, Peyton Nelson, Ashton Estave, Andrew Galbo, Austin Hill, Drew Lee, Hunter Johns, Jonathan Harris, Stephen Hudson, and Coach Carmen Evans.

Thank You



To our friends in Central,

On behalf of our entire family, thank you for your kind support in electing me to serve as your representative on the Republican State Central Committee. I will do my very best to insure that our party stands for the principles that the citizens of Central share — love of God and country, and a strong believe in the free enterprise system, traditional values, limited government, and a strong national defense.

With appreciation,
Brennan Easley

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Easley Wins, Jenkins Elected Parish Chairman

Continued from Page 1
 the East Baton Rouge Republican Parish Executive Committee, or PEC. The PEC is composed of 17 members. They are elected every four years by the registered Republicans in the parish at the time of the Presidential Primary. The PEC has five members elected at-large parishwide and 12 members elected from the Metro Council districts.

In addition to Shelton, Zachary City Councilman John Coghlan was elected without opposition to the Parish Executive Committee from Metro Council District 1, which includes Zachary and the north part of the City of Central.

Coghlan was appointed City of Zachary Republican chairman.

In Metro Council District 2, Ryan Cross, the son of former Sen. Mike Cross, was elected to the PEC, and he was appointed City of Baker Republican chairman.

In the at-large race for the East Baton Rouge Republican Parish Executive Committee, seven candidates competed for five seats on the PEC. Each voter could vote for up to five candidates.

Central City News editor Woody Jenkins ran first in the parishwide voting. He received 93.0 percent of the votes cast. The seven at-large candidates were:

(Vote for Up to 5)	Count	Percentage
Woody Jenkins	10,757	93%
Dan Kyle	10,033	87%
Elizabeth Dent	9,894	86%
Tommy French	8,418	73%
Darrell White	8,379	72%



REPUBLICAN OFFICIALS — Brennan Easley (left) was elected to the Republican State Central Committee from Central. Woody Jenkins (right) has been elected EBR parish Republican chairman. Connie Bernard is vice chairman.



Candidate	Count	Percentage
Ken McMillan	6,201	54%
Willie Lewis	4,109	38%

All but McMillan and Lewis were elected.

At the first meeting of the newly-elected PEC on March 27, Jenkins was elected East Baton Rouge Parish Republican chairman for the 2012-2016 term.

In Republican State Central Committee races in Central, Brennan Easley defeated Billy Thompson, and Barry Ivey defeated Jared Smith:

Louisiana Republican State Cen-

Committee	Candidate	Count	Percentage
House District 65B	Brennan Easley	534	61%
	Billy Thompson	339	38%
House District 65C	Barry D. Ivey	553	56%
	Jared Smith	421	43%

As City of Central Republican chairman, Jr. Shelton will be responsible for organizing the City of Central Republican Municipal Executive Committee and coordinating Republican activities in the City of Central.

Classifieds

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LAWN SERVICES NEEDED for Sandy Creek Cemetery in Pride. Accepting sealed bids until April 16, 2012. Must be licensed and insured. Call 225-654-9158 for details on scope of work and bids should be mailed to VM Gregory, P.O. Box 25, Pride, LA 70770. 04/12/12

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